



HHSAA
51ST BOWLING STATE CHAMPIONSHIPS
SCHOFIELD BOWLING CENTER, OAHU
NOVEMBER 6-7, 2025

HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION

Executive Director Chris Chun
Associate Director Russ Aoki
General Manager Luther Beck
Bowling Coordinator Naomi Martin

TOURNAMENT COMMITTEES

Host School.....PAC-5, ILH Office
Site Coordinator..... Colleen Carrington
Big Island Interscholastic Federation Lyle Crozier, Executive Director
..... John Woolverton, Coordinator
Interscholastic League of Honolulu.....Blane Gaison, Executive Director
..... Colleen Carrington, Coordinator
Kauai Interscholastic Federation Jason Yoshida, Executive Director
.....Kelii Morgado, Coordinator
Maui Interscholastic League..... Joseph Balangitao, Executive Director
..... Wade Hondo, Coordinator
Oahu Interscholastic Association..... Bryce Kaneshiro, Executive Director
..... Reid Shigemasa, Coordinator
Athletic Trainers ILH
Computer Technician & Statistics Naomi Martin
Protest Committee Naomi Martin, Russ Aoki

National Anthem/Hawai'i Ponoï Kamehameha Schools
Schofield Bowling Center.....

**HHSAA
51ST BOWLING STATE CHAMPIONSHIPS
NOVEMBER 6-7, 2025
SCHOFIELD BOWLING CENTER, OAHU
TOURNAMENT INFORMATION**

I. ENTRIES

Each school entering the HHSAA Bowling Championships must submit the Official Entry Form by **Friday, October 31, 2025, 12:00 noon** to HHSAA bowling coordinator Naomi Martin **and** the HHSAA Office.

Naomi Martin
E-mail: hhsaabowling@gmail.com
HHSAA Office
E-mail: roster@hhsaa.org

II. FORMAT

Total number of berths for 2025 State Tournament as of 10/8/2025, 100 per gender. Visit www.hhsaa.org for current tournament representation.

	BOYS	GIRLS
OIA	47	47
ILH	24	25
BIIF	11	11
MIL	11	11
KIF	7	6
TOTAL	100	100

III. COACHES' AND OFFICIALS' MEETING

Head coaches or their designees are **required to attend** the coaches' meeting at **6 p.m. on Wednesday, November 5, 2025, Snack Bar seating area located in Schofield Bowl.** The purpose of this meeting is to clarify the tournament format, lane assignments, rules interpretations, **distribution of wrist bands for Spectators, Coaches, Video person** and other pertinent information as needed.

IV. TOURNAMENT SCHEDULE

- A. Day 1, BOTH genders, Boy & Girls TEAM and individuals will bowl 5 games, changing lanes after 3 games.
- B. Day 2, BOTH genders, Boy & Girls TEAM and individuals will bowl their last 3 games as a set of 3 games. (no lane change).
- C. Teams will be assigned lanes based on standing after day 1 for day 2.

PRACTICE TIME:

To reserve practice times contact:

Naomi Martin, HHSAA Bowling Coordinator

EMAIL: HHSAA Bowling@gmail.com

Mobile – text only (808) 295-3005

DO NOT CALL Schofield Bowl – they will not accept your reservation

Wednesday, November 5, 2025

Please contact Naomi Martin to sign-up. Cost of practice is \$4.00 per game and bowlers are responsible for their own practice game charges. Cash or Credit card only, no PO.

Revised times:

- 1:00 PM – 2:30 PM 26 lanes available
- 2:30 PM – 4:00 PM 26 lanes available
- 4:00 PM – 5:30 PM 26 lanes available
- 5:30 PM – 7:00 PM 26 lanes available
- 7:00 PM – 8:30 PM 26 lanes available

Thursday, November 6, 2025

Opening Ceremony	8:30 AM
TEAM & Individuals Warm Up	15 MIN
Game 1	9:00 AM
Game 2	10:00 AM
Game 3	11:00 AM
Lane change	
Game 4	12:15 PM
Game 5	1:15PM

Friday, November 7, 2025

TEAM & Individuals Warm Up	15 MIN 8:45 AM
Final 3 games, no lane change	9:00 AM – 12:00 NOON

AWARDS CEREMONY

To follow 20-30 minutes after last session ends and all recaps signed and submitted.

Only committee members and active bowlers will be allowed in the walkway behind the settee area. The seats directly behind the settee area will be reserved for 2 coaches per team **with wrist band (as of 2019 HIADA)** and additional members of the team. There is to be NO noise making devices brought into and/or used by spectators during the tournament. Flags or pom poms will not be allowed as they interfere with tournament runners.

NO OUTSIDE FOOD, COOLERS OR WAGONS WILL BE ALLOWED IN THE BOWLING CENTER. FOOD PURCHASES SHOULD BE ARRANGED WITH THE BOWLING CENTER SNACK BAR.

V. CODE-OF-CONDUCT

- A. The coach shall have direct responsibility for the conduct of team members prior to, during, and after tournament competition (in the hotel, in public, at the tournament, transportation to and from sites).
- B. The HHSAA Executive Director may establish a common curfew hour as needed.
- C. The drinking of alcoholic beverages, smoking, drug use, loud, unruly or destructive behavior **before, during, and after the tournament** will not be tolerated.
- D. Coaches are requested to inform their athletes of hotel rules and regulations. Please emphasize the importance of appropriate conduct and behavior and consideration for other guests at the hotel. Schools and students will be charged for damages incurred by them at the hotel.
- E. **The Coaches are responsible to control loud, unruly or destructive behavior – bowlers should not yell out while others are on the approach or abuse bowling center property.**
- F. **Coaches and Bowlers shall treat contest officials, facility staff, opponents and spectators with honor and respect, providing a model of fair play and sportsmanship.**
- G. It is recommended that schools inform parents regarding Code-of-Conduct in writing.

VI. Spectators

Due to house capacity restrictions, **a limit of 1 spectator per bowler** will be allowed at this tournament. ONLY Single Stools will be allowed in the bowling center, no Beach/Director style chairs will be allowed. Teams will be given information on how spectator access from the bowling coordinator.

Live streaming will be allowed at this event. Each school will be allowed one person to live stream their team. Details on access for video person will be given by the bowling coordinator.

VII. Bowler Etiquette

- A. See attached Bowler's Etiquette Information.

**HHSAA
51ST ANNUAL BOWLING STATE CHAMPIONSHIPS
NOVEMBER 6-7, 2025
SCHOFIELD BOWLING CENTER, OAHU**

GENERAL GUIDELINES

1. For each session of team play, the coach shall declare a **maximum of 7 bowlers before warm up** and will determine his/her lineup for each game.
2. For individual play, bowlers move down one position in the line for each session (move at the conclusion of each game).
3. The first five schools listed under individual play shall compete on the odd numbered lanes.
4. Team substitutes shall be in accordance with regular USBC rules, that is, two substitutes in any game for team competition. **Bowlers substituted out cannot return to the same game.**
5. Team substitute who also qualified in individual play may also sub as team substitute, except if the substitution is in the middle of a game, **both bowlers will no longer be eligible for the singles competition.**
6. All bowlers are responsible for making sure that their proper scores are recorded on the recap sheets. Names and scores on the recap sheets must be legible.
7. For individual scores, the bowlers must initial each score.
8. Results will be posted **<https://www.hhsaa.org/sports/bowling/tournament/2025>** or printed and posted in the Bowling Center at the end of each session.
9. **Two (2) Coaches per team are permitted to sit immediately behind the players' bench with that sessions wrist band.** However, they shall not be permitted to delay the bowlers while they are on the approach/or mid frame.
10. The seating area immediately behind the bowlers' benches is reserved for bowlers and coaches **with wrist bands, no seating area for Video Personnel.**
11. Coaches should inform their bowlers that they must be at their designated lanes 15 minutes prior to the start of their scheduled sessions.
12. The coaches are responsible for keeping their bowlers from delaying play. Observe one lane courtesy. It is not necessary to wait for more than one lane to be clear on both sides prior to taking one's approach
13. The Coaches are responsible to control **loud, unruly** or destructive behavior – bowlers should not yell out while others are on the approach or abuse bowling center property.

14. Coaches and Bowlers shall treat contest officials, facility staff, opponents and spectators with honor and respect, providing a model of fair play and sportsmanship.

15. **2025 – A limited amount of supporters/spectators will be allowed in the Bowling center. Only Bowlers, maximum of 2 coaches per team, Athletic Directors, 1 video streamer per school and committee members. All names must be submitted on the roster no later than 12noon, Friday Oct 31.**

General Bowling Etiquette

- Keep nasty language and outbursts in your head. Nobody wants to hear it.
- Keep any food or drinks away from the lanes. Spilling anything can damage the equipment and also be dangerous for others
- Yield to the bowler to your right if you're both up at the same time.
- Stand off the approach and out of the line of sight of the other bowler until they have released the ball.
- Do not intrude on the adjacent lanes in any way. That includes throwing your ball onto the wrong lane, standing or playing on another lane's approach, or doing anything that infringes on the adjacent bowlers' lane.

BOWLING

I. SPECIFIC OBJECTIVES

- A. To determine the state individual and team bowling champions for boys and girls through tournament competition.
- B. To recognize the combined efforts of all participating teams and schools in the tournament.
- C. To encourage the highest principles and standards of attitude and general behavior.
- D. To promote the highest principles of good citizenship in tournament competitions.

II. OFFICIALS

Officials shall be selected by the Sport Coordinator and approved by the HHSAA Executive Director.

III. ELIGIBILITY

Each contestant must be eligible under the rules of his or her league and also under the requirements which are specified by the HHSAA.

IV. RULES GOVERNING THE TOURNAMENT

- A. The tournament shall be governed by United States Bowling Congress (USBC) rules with HHSAA provisions and modifications as needed.
- B. Non-participants are not allowed on lane approaches before and during competition.
- C. The HHSAA Bowling Committee will inform all leagues of state championship oiling pattern 2-weeks before HHSAA championship date. (Rev 6/2015)
- D. Oiling patterns of the lanes shall be the same for both HHSAA practice sessions and HHSAA tournament play.
- E. HHSAA qualifiers from the same school will be placed on the same pair of lanes during the HHSAA tournament.
- F. Any student-athlete or coach disqualified before, during or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athletes or coaches league shall determine any appropriate penalty or sanction. (Rev. 06/2013)
- G. The use of hand held electronic devices by any participant shall be prohibited during a match on the approach, in the sitting area and coaches benches. These devices include, but are not limited to, the following: MP3 players, iPods, cell phones, texting devices, e-book readers and game systems. (Rev. 06/2013)
- H. The HHSAA Issue wristbands for coaches permitted to sit in the designated area. The HHSAA protest committee will enforce this rule (Rev 6/2019)

V. TOURNAMENT REPRESENTATION

Each league shall determine the method of selecting their entries subject to the following limitation of bowlers allocated to the league.

- A. Representation for the tournament is limited to 100 boys and 100 girls. No league's entry should fall to less than six according to the formula for selecting each league's number of entries.
- B. Representation by a league is determined by dividing the league's number of teams by the total number of teams represented in the various leagues. All fractions of more than one-half shall be counted if possible to the next whole number with highest percentages and number of entries being used to keep the total number or entries per division to 100.
- C. The slot for a qualified participant who cannot participate in the match belongs only to the league in which that athlete participates. Substitutions will come from the list of league alternates, following that league's rule for qualifiers to state tournaments. If the league cannot fill the vacancy with an alternate, the vacancy will remain unfilled.

VI. TOURNAMENT FORMAT

- A. The HHSAA bowling championship will consist of eight (8) games to determine the individual and team champions. During the 2-day tournament:

For a larger center (42+ lanes), there shall be only one (1) session with all the boys and girls bowling simultaneously per session.

Day 1: Boys and Girls (team and individuals) will bowl **five (5)** games simultaneously, with no break.

Day 2: Boys and Girls (team and individuals) will bowl **three (3)** games simultaneously, with no break. Awards ceremony to follow last session.

All bowling houses with a minimum of 22 lanes and up will follow the 1st day at 5 games and 2nd day at 3 games
Tournament Schedule:

Day 1, gender 1 (girls) TEAM and individuals will bowl 5 games

Day 1, gender 2 (boys) TEAM and individuals will bowl 5 games

Day 2, gender 1 (girls) TEAM and individuals will bowl their last 3 games as a set of 3 games (no lane change) followed by gender 2 (Boys) TEAM individuals

Teams will be assigned lanes based on standings after Day 1. (Rev 6/2022)

If the format is bowling 3 games on the 2nd day (boys and girls), the HHSAA start time will be at 8:30 a.m., when possible. (Rev 6/2022)

The HHSAA executive director and bowling committee reserves the right to modify the tournament format based on time constraints.

- B. Individual bowlers will be assigned their squad, time, lanes and position by the Sport Coordinator. Schools that are eligible for the team competition will have their starting five bowlers on the same pair of lanes.

The individual champions shall be determined by the total pinfall of the eight games bowled. (Rev 6/2019)

- C. The team championship shall be determined by the total pinfall of the five designated bowlers whose eight (Rev 6/2019) game totals represent a particular school. Schools with more than five individual entries must designate the starting bowlers immediately prior to the start of the first session of their division so that the remaining bowler(s) may be assigned to another pair of lanes.
- D. Teams eligible for the team competition will be allowed to substitute during any game according to USBC rules and regulation; that is, two substitutions. Bowlers who are substitutes, as well as the bowler substituted for, are ineligible for individual awards, except where the substitute is already qualified for single competition and the substitution does not take place in the middle of the game. In this case the starting team bowler and the substitute shall trade places.
- E. Appeals to fouls must follow USBC rule 5.
- F. Ties for individual, 1st and 2nd places shall be broken, determined by a one frame (10th) roll-off until the tie is broken.

- G. BLIND SCORE in the case of injuries or illnesses will be 100 (boys) and 100 (girls). (Team score only – does not apply to individuals)
- H. The HHSAA Bowling Championships will be held at a bowling center that has a minimum of 22 lanes. (rev 6/2015)
- I. The HHSAA Executive Director shall select the bowling alley with the assistance of the Sport Coordinator and Tournament Committee.
- J. No more than two coaches per team in the area immediately behind the bowlers' bench.
- K. HHSAA will provide a flag at each pair of lanes (Rev. 6/2022)

VII. SIZE OF TEAMS

Schools may bring an unlimited number of individuals as long as their league qualifies them and that league's entries do not exceed the total number allocated by the formula for determining representation. Individual bowlers that are only being used as team substitutes need not be qualified by the formula for determining individual representation.

VIII. SEEDING/PAIRING

Placement of bowlers shall be done by the Sport Coordinator prior to the start of the tournament. Where teams are involved every attempt will be made for placing teams on the lanes for the final sessions according to their pinfall.

IX. UNIFORMS

All participants are required to wear school designated uniforms, preferably, with school identifying insignia and/or colors.

Required team uniforms consist of shirts in identical colors and patterns. Shirts must be long enough to ensure no midriff skin is exposed when bowling. Acceptable bottoms for boys and girls—slacks, jeans, capris, shorts, skirts, and/or skorts. All skirts, skorts, or shorts must be no shorter than the fingertips when the arms are at their sides while standing. Unacceptable for boys and girls—board shorts and athletic style bottoms (i.e. basketball shorts, sweatpants, leggings etc.). Bowlers in improper uniform will not be allowed to bowl. The HHSAA protest committee will enforce this rule. (rev 6/2019)

X. AWARDS

- A. Permanent trophies to boys and girls championship teams.
- B. Permanent trophies to boys and girls runner-up teams.
- C. Nine gold medals to the championship team members for boys and girls.
- D. Gold medals to individual champions for boys and girls.
- E. Silver medals to individual runner-ups for boys and girls.
- F. Bronze medals for individual places 3-15 (ties included).

XI. EVALUATION

An evaluation report and tournament results shall be submitted to the HHSAA Executive Director within two weeks after the tournament.



Hawaii High School Athletic Association

- P.O. BOX 11419 • HONOLULU, HAWAII 96828 •
- PHONE: (808) 800-4092
- www.hhsaa.org - info@hhsaa.org •

2025 HHSAA BOWLING STATE TOURNAMENT SOUVENIR T-SHIRT PRE-ORDER FORM

_____ School requests to order the following sizes of the
souvenir T-shirts at \$20.00 per shirt.

Size	Quantity	Price	Total
Small		\$20.00	
Medium		\$20.00	
Large		\$20.00	
X-Large		\$20.00	
XX-Large		\$20.00	
		GRAND TOTAL	



Email preorders to your respective host (see below) school. Checks payable to HHSAA may be brought to the tournament site of teams first game. **Note: preorders must be paid in full by first day of the tournament or shirts will be released to the general public.**

Colleen Carrington

ILH Office

E-mail: carrington@ilhports.com

Team info:

Contact person: _____

Daytime phone: _____

HHSAA BOWLING TOURNAMENT RECORDS - BOYS

<u>Year</u>	<u>School</u>	<u>Score</u>	<u>Coach</u>	<u>Individual Champion</u>	<u>Pins</u>	<u>School</u>	<u>Site</u>
1974	McKinley	7892	Pat Gilbert	Ryan Tanaka	1667	McKinley	Kam Bowl
1975	Roosevelt	7804	Robert Choy	Alan Benzon	1705	Roosevelt	Stadium Bowl-O-Drome
1976	St. Louis	7829	Brian Char	Nick Ganiron	1732	Damien	Kalihi Bowl
1977	Kaimuki	7972	Yoshiharu Mikami	Dean Murata	1800	St. Louis	Stadium Bowl-O-Drome
1978	Kauai	7468	Sadamu Saiki	G. Hayashi	1462	Kauai	Aloha Lanes
1979	Baldwin	7784	Wayne Rodriguez	B. Shiota	1852	Hilo	Kalihi Bowl
1980	Kaimuki	7502	Brian Chan	G. Hayashi	1582	Kauai	Stadium Bowl-O-Drome
1981	Kauai	7581	Sadamu Saiki	S. Delos Reyes	1686	Kauai	Ala Moana Bowl
1982	Pearl City	8289	Nick Ganiron	G. Nishimura	1796	Maryknoll	Kalihi Bowl
1983	Pearl City	7933	Nat Pada	J. Kurashige	1813	Pearl City	Hilo Lanes
1984	Kalani	8414	Ted Chock	Troy Miyashiro	1880	Castle	Aloha Lanes
1985	Moanalua	8327	Garrett Matsuda	Barry Hamada	1926	Kalani	Aiea Bowl
1986	Aiea	8343	Craig Yamada	D. Liana	1824	Nanakuli	Kalihi Bowl
1987	Aiea	8044	Craig Yamada	Todd Sugimoto	1755	Aiea	Hilo Lanes
1988	Damien	7949	Bro. Paul	Darren Ota	1872	Konawaena	Aloha Lanes
1989	Waiakea	7679	Wayne Hayashi	Wayne Agunat	1735	Farrington	Stadium Bowl-O-Drome
1990	Moanalua	7263	Wesley Lee	Calvin Shimizu	1673	Waiakea	Kalihi Bowl
1991	Aiea	7773	D.J. Gomes	Aaron Fukuda	1743	Aiea	Kona Bowl
1992	Waiakea	7744	Wayne Hayashi	Sheldon Midallia	1877	Laupahoehoe	Hilo Lanes
1993	Damien	7866	Bro. Medvit	Chad Horiuchi	1763	Waipahu	Lihue Bowling Center
1994	McKinley	8551	David Okazaki	Jason Theodorson	1868	Aiea	Hilo Lanes
1995	Kauai	8346	Betsy Uyematsu	Angelo Matias	1812	Kauai	Lihue Bowling Center
1996	HBA	8462	Greg Hayashi	Kevin Miura	1786	University	Kalihi Bowl
1997	Pearl City	8333	Shirley Kato	Keith Odette	1876	Waipahu	Aloha Lanes
1998	Aiea	8270	Jason Theodorson	David Akau	1813	Lutheran	Hilo Lanes
1999	Aiea	8107	Jason Theodorson	Stephen Babcock	1857	Redemption	Lihue Bowling Center
2000	Aiea	8437	Jason Theodorson	Everett Tom	2086	Konawaena	Kona Bowl
2001	Pearl City	8777	Shirley Kato	Ryan Chang	1947	Pearl City	Leeward Bowl
2002	Kailua	8832	Gregory Kekauoha	Bronson Teramoto	2003	Kailua	Lihue Bowling Center
2003	Moanalua	8460	Geri Mehrtens	Cy Hiyane	1916	Moanalua	Hilo Lanes
2004	HBA	8432	Greg Hayashi	Vaseem Anwar	1968	Maryknoll	Lihue Bowling Center
2005	Mililani	8373	Bruce Inafuku	Jacob Davis	1792	Maui	Fort Shafter
2006	HBA	8508	Greg Hayashi	Rich Kodama	1848	HBA	Lihue Bowling Center
2007	HBA	8467	Greg Hayashi	Justin Kanda	1871	Roosevelt	Hilo Lanes
2008	Pearl City	8004	James Hayashi	Corey Gushikuma	1788	Baldwin	Lihue Bowling Center
2009	HBA	7798	Greg Hayashi	Jaron Goto	1740	HBA	Schofield Bowling Center
2010	Pearl City	8528	James Hayashi	Austin Patacsil	1940	Kailua	Lihue Lanes
2011	Pearl City	8818	James Hayashi	Kevin Oshiro	1890	Pearl City	Hilo Lanes
2012	Pearl City	8792	James Hayashi	Ronson Dagdag	1933	Mililani	Kauai Bowl
2013	Pearl City	8748	James Hayashi	Nicholas Azumi	1905	Pearl City	Hickam Bowling Center
2014	Pearl City	7772	James Hayashi	Bryce Takenaka	1712	McKinley	KBXtreme, Kona
2015	Pearl City	8495	James Hayashi	Kristopher Yadao	2001	Pearl City	Kauai Bowl

2016	Pearl City	7945	James Hayashi	Kristopher Yadao	1875	Pearl City	Leeward Bowl
2017	Mililani	8020	Corey Zukeran	Josiah Benner-Eslit	1841	Campbell	Kauai Lanes
2018	Mililani	7575	Corey Zukeran	Kai Yamada	1628	Mid-Pacific	Hickam Bowling Center
2019*	Campbell	7958	Keith Rodriguez	Tylan Kim-Arellano	1845	Kapolei	Lihue Bowling Center
2020	No State Tourney						
2021	Pearl City	6605	Tony Madrona	Michael Weyl	1612	Mililani	Leeward Bowl
2022	Castle	8005	Marie Hedrick, Len Ogata	Kalin Ogata	1821	Mililani	Leeward Bowl
2023	Hawaii Baptist	7111	Greg Hayashi	Jayden Kadooka	1683	Pearl City	Schofield Bowling Center
2024	Pearl City	7572	Tony Madrona	Ryder Baisac	1668	Pearl City	Schofield Bowling Center

From 1974 to 1982, no medals were awarded for individual champions. The names listed during these years represent the bowlers with the highest pin fall. Team champions were determined by pool play with the winner of each pool meeting for the championship.

*2019 – current, the tournament moved from a 9-game total pin fall to an 8-game total pin fall.

HHSAA BOWLING TOURNAMENT RECORDS - GIRLS

<u>Year</u>	<u>School</u>	<u>Score</u>	<u>Coach</u>	<u>Individual Champion</u>	<u>Pins</u>	<u>School</u>	<u>Site</u>
1974	Hawaii Baptist	6858	Joyce Wong	B. Snittjer	1585	Hawaii Baptist	Kam Bowl
1975	Baldwin	6571	Louis Eaton	Joselyn Kabalis	1581	Hilo	Stadium Bowl-O-Drome
1976	Hilo	7080	Kaoru Nii	Alina Won	1590	Kamehameha	Kalihi Bowl
1977	Kamehameha	6949	Russell Martin	S. Ishii	2139	McKinley	Stadium Bowl-O-Drome
1978	Kalani	6812	Ted Chock	P. Reantaso	1571	Farrington	Aloha Lanes
1979	Kamehameha	7236	Mickie Ceberano	C. Au	2253	Moanalua	Kalihi Bowl
1980	Baldwin	6845	Craig Yatushiro	T. Grabe	1545	Kamehameha	Stadium Bowl-O-Drome
1981	Aiea	6687	Stanley Kage	T. Grabe	1491	Kamehameha	Ala Moana Bowl
1982	McKinley	7418	Walter Sabati	Sandy Hedge	1640	Aiea	Kalihi Bowl
1983	McKinley	7347	Walter Sabati	B. Au	1688	McKinley	Hilo Lanes
1984	McKinley	7300	Walter Sabati	Shannah Sumera	1613	Kamehameha	Aloha Lanes
1985	Pearl City	7486	Craig Kitaoka	Rhonda Timbal	1624	Nanakuli	Aiea Bowl
1986	Nanakuli	7577	Ruth Mahuka	J. McKee	1743	Waipahu	Kalihi Bowl
1987	Nanakuli	7712	Ruth Mahuka	Marlene Kalahiki	1712	Nanakuli	Hilo Lanes
1988	Aiea	7293	Tracy Shinogi	Gerraine Yoshitomi	1531	Pearl City	Aloha Lanes
1989	Kailua	6516	Matsuo Okamoto	Noelani Liana	1559	Nanakuli	Stadium Bowl-O-Drome
1990	Pearl City	6885	Blanche Ito	Corrine Tantog	1517	Konawaena	Kalihi Bowl
1991	Kalani	6984	Ted Chock	Cindy Sakuda	1585	Kalani	Kona Bowl
1992	Kamehameha	7211	Mickie Ceberano	Wendi Harada	1637	Kaimuki	Hilo Lanes
1993	Kalani	7291	Ted Chock	Tiffany Toma	1604	Kalani	Lihue Bowling Center
1994	Kalani	7059	Ted Chock	Karisa Figueira	1605	Maryknoll	Hilo Lanes
1995	Pearl City	7495	Blanche Ito	Kehau Matsushima	1577	Kamehameha	Lihue Bowling Center
1996	Hilo	7433	Miles Miyahara	Catrina Gealon	1689	Hilo	Kalihi Bowl
1997	Pearl City	7490	Larry Rodrigues	Traci Uyeoka	1699	Kalani	Aloha Lanes
1998	Hilo	7665	Miles Miyahara	Catrina Gealon	1707	Hilo	Hilo Lanes
1999	Hilo	7630	Greg Gealon	Shaye Okutani	1768	Lutheran	Lihue Bowling Center
2000	Pearl City	7647	Larry Rodrigues	Leanne Okamoto	1709	Pahoa	Kona Bowl
2001	Pearl City	7995	Larry Rodrigues	Shaina Carnate	1745	Kapolei	Leeward Bowl
2002	Pearl City	7813	Larry Rodrigues	Samantha Masuda	1787	Kapolei	Lihue Bowling Center
2003	Kapolei	7300	Angel Legaspi	Shaina Carnate	1738	Kapolei	Hilo Lanes
2004	Aiea	7670	Isaac Avilla	Kristin Tom	1751	Sacred Hearts	Lihue Bowling Center

2005	Mililani	7619	Lani Gasper	Cherish Saunders	1753	Kapolei	Fort Shafter
2006	Aiea	7444	Isaac Avilla	Dara Ajimine	1686	Kalani	Lihue Bowling Center
2007	Mililani	7998	Sue Stephens	Dara Ajimine	1747	Kalani	Hilo Lanes
2008	Kalani	7482	Ted Chock	Dara Ajimine	1752	Kalani	Lihue Bowling Center
2009	Kapolei	7427	Angel Legaspi	Raelena Mattos	1620	Kapolei	Schofield Bowling Center
2010	Kapolei	7643	Brandon Abe	Tammi Sakaguchi	1718	Kalaheo	Lihue Lanes
2011	Pearl City	7205	Millie Gomes	Jaymie-Rae Martin	1769	Island Pacific	Hilo Lanes
2012	Pearl City	7761	Millie Gomes	Kacee Taniyan	1700	Leilehua	Kauai Bowl
2013	Pearl City	7790	Millie Gomes	Chelsi Morishige	1747	Pearl City	Hickam Bowling Center
2014	Pearl City	7276	Millie Gomes	Shelby Suzuki	1696	Hawaii Baptist	KBXtreme, Kona
2015	Pearl City	7469	Millie Gomes	Gwen Maeha	1672	Leilehua	Kauai Bowl
2016	Maryknoll	6988	Wayne Miyamoto	Gwen Maeha	1614	Leilehua	Leeward Bowl
2017	Pearl City	7272	Millie Gomes	Gwen Maeha	1799	Leilehua	Kauai Lanes
2018	Iolani	6808	Michelle Jung	Jana Fukushima	1487	Mililani	Hickam Bowling Center
2019*	Iolani	7387	Michelle Jung	Dana Murata	1744	Kapaa	Lihue Bowling Center
2020	No State Tourney						
2021	Kapolei	5998	Angel Legaspi	Samantha Kanehailula	1504	Pearl City	Leeward Bowl
2022	Kapolei	7457	Angel Legaspi	Jayna Yockman	1684	Kapolei	Leeward Bowl
2023	Pearl City	6579	Millie Gomes	Samantha Kanehailua	1543	Pearl City	Schofield Bowling Center
2024	Pearl City	6858	Millie Gomes	Jayna Yockman	1642	Kapolei	Schofield Bowling Center

From 1974 to 1982, no medals were awarded for individual champions. The names listed during these years represent the bowlers with the highest pin fall. Team champions were determined by pool play with the winner of each pool meeting for the championship.

*2019 – current, the tournament moved from a 9-game total pin fall to an 8-game total pin fall.