



**K. Mark Takai**  
**SWIMMING & DIVING STATE CHAMPIONSHIPS**  
**February 14, 2025**  
**Duke Kahanamoku Swimming Complex**  
**University of Hawaii at Manoa**

**K. MARK TAKAI SWIMMING & DIVING STATE CHAMPIONSHIPS**  
**FEBRUARY 14 - 15, 2025**  
**DUKE KAHANAMOKU SWIMMING COMPLEX**  
**UNIVERSITY OF HAWAII AT MANOA**

**HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION**

HHSAA Executive Director .....Chris Chun  
Office Manager ..... Russell Aoki  
Director of Information..... Natalie Iwamoto  
General Manager ..... Luther Beck  
Swimming Coordinator ..... Jeff Meister  
Diving Coordinator ..... Keala O’Sullivan

**TOURNAMENT COMMITTEE**

Host School..... Punahou School  
Tournament Directors ..... Jeff Meister and Stephanie Monahan  
ILH Executive Director ..... Blane Gaison  
ILH Swimming & Diving Coordinator.....Michelle Arnold  
Meet Referee..... David Coleman  
Administrative Referee.....Saint Marie Gough  
Clerk-of-Course ..... Gwenn Tomiyoshi  
Facility Manager .....Daniel Arakaki  
Rules Committee ..... Jeff Meister, Keala O’Sullivan & Chris Chun  
Electronic Timing Equipment ..... Rene Iwamura  
Deck Referees ..... Dean Otaka (Girl’s) and Eugene Dryzmala (Boy’s)  
Starter..... Russell Iwamura (Girl’s) and Kevin Nakamoto (Boy’s)  
Entries and Seeding ..... Jeff Meister, Gwenn Tomiyoshi, and Keala O’Sullivan  
Swimming Officials Reid Cummings, Shannon Bitterman, Rene Nakamura,  
Andrea Fitzgerald, Courtney Davis, Kim Kaneshiro,  
Vaness Tsang-Lee, Ruthie Nishikawa, Kimi Regula,  
Dev Devery, Leslie Lin, James Lin, Jan Lee, Wenyi Zhou,  
Hannah Nakamura, Debbie Faildo  
Chief Judges ..... Amanda Wilson (Lead), Marcelle Arakaki, Brad Takara  
Diving Officials ..... Keala O’Sullivan, Christine Dahlquist, David (DJ) Freedman  
Announcers ..... Linda Aki  
Awards and Ceremony..... ILH  
Hospitality ..... ILH

**K. MARK TAKAI SWIMMING AND DIVING STATE CHAMPIONSHIPS**  
**February 2025**

**TOURNAMENT INFORMATION**

**I. HHSAA SWIMMING & DIVING REGULATIONS**

HHSAA Swimming & Diving Regulations may be found in the HHSAA Handbook (see attached).

**II. ENTRIES**

Entries for swimming and diving must be received no later than **2:00 p.m. on Sunday, February 9, 2025.**

The league representative must submit Team Manager entry file/Entry forms prior to the entry deadline.

All entries and subsequent swims are the responsibility of the coach. A coach should refer to Rule 3 Section 2 of the NFHS Rule Book for clarification of any questions. Officials will run an exceptions report prior to the start of competition and inform a coach of over-entries. Once competition has begun, it is the responsibility of the coach to monitor a swimmer's entries - including relay participation. Note that in accordance with the NFHS Rules Book, Trials and Finals are considered the same meet.

For SWIMMING: Team roster, the Master entry form and the Team Manager entry file including proof of time must be submitted:

Punahou School Athletic Department  
1601 Punahou Street, Honolulu, HI 96822  
Phone: (808) 944-5816 Fax: (808) 944-5864  
E-mail: [jmeister@punahou.edu](mailto:jmeister@punahou.edu)

Inquiries pertaining to **Swimming** may be referred to:

Jeff Meister, Swimming Coordinator  
Punahou School Athletic Department  
1601 Punahou Street, Honolulu, HI 96822  
Phone: (808) 944-5816 · Fax: (808) 944-5864  
E-mail: [jmeister@punahou.edu](mailto:jmeister@punahou.edu)

For DIVING: 1) Registration form and Diving sheets must be submitted via the [divemeets.com](http://divemeets.com) website  
2) In addition, dive sheets need to be emailed to Keala by the same deadline:

Ms. Keala O'Sullivan, Diving Coordinator  
Cell: (808) 286-4893  
E-mail: [Keala.Osullivan@hotmail.com](mailto:Keala.Osullivan@hotmail.com)

### III. TOURNAMENT SCHEDULE

#### Thursday, February 13, 2025

Diving Practice: Pool available from 4:00 p.m. to 8:00 p.m. for practice

Diving Coaches' Meeting: 6:00 p.m. by the diving board  
Mandatory attendance for all school representatives.

Swimming Practice: 6:30 p.m. to 9:00 p.m.

#### Friday, February 14, 2025

Diving: Warm-up: 7:00 a.m. - 8:30 a.m.  
Prelim - Semi Final Rounds: 8:45 a.m. - 12:00 p.m.

Swimming: Warm-up: Competition Pool (Assigned)  
**ILH/KIIF: 12:30 p.m. – 12:55 p.m.**  
**MIL/BIIF: 12:55 p.m. – 1:20 p.m.**  
**OIA: 1:20 p.m. – 1:45 p.m.**  
**Open Dive Sprints 1:45 p.m. – 1:55 p.m.**

Non-Competition Pool (Unassigned): From completion of Diving Competition thru duration of Swimming Competition.

Coach's Meeting: 11:45 a.m. (Mandatory Attendance)

Competition Starts: 2:30 p.m.

#### Saturday, February 15, 2025

Diving : Warm-up: 7:30 a.m. - 8:15 a.m.  
Finals 8:30 a.m. - 9:30 a.m.

Swimming Warm-up: Competition Pool (Unassigned)  
9:45 a.m. – 11:15 a.m.  
\*Dive lanes open at 10:45 a.m.

Non-Competition Pool (Unassigned): From completion of Diving Competition thru duration of Swimming Competition

Coaches Meeting 10:00 a.m.

Competition Starts: 11:30 a.m.

NOTE: Team seating is limited to the bleachers and will be assigned.

TENTS MAY NOT BE SET UP BEFORE 8:00 A.M. ON FRIDAY, FEBRUARY 14, 2025

#### **IV. TOURNAMENT NOTES:**

##### **i. COVID SAFETY PROTOCOLS:**

**POSITIVE EXPOSURE:** Any athlete, coach, official or spectator who is experiencing illness or COVID-like symptoms should not come to the facility.

##### **ii. USA SWIMMING TIMES**

For those coaches who have swimmers who also compete for a USA Swimming club team, for their times to count and be used for USA Swimming events, they must include the swimmer's USA Swimming ID in their Team Manager file. The swimmer's ID is necessary for times to be electronically transmitted to the USA Swimming database. Swimmers can find their ID on their USA-Swimming website or get them from their USA club team official.

##### **iii. RELAY JUDGING PLATFORMS:**

RJPs will not be used at this tournament.

##### **iv. STAGING AREA - "READY ROOM":**

A Ready Room will be used during Finals. Athletes and Relay teams must report to the Ready Room at their appropriate call. Athletes and Relays must check in but do not need to remain in the area. It is their responsibility to be at their block at the start of their race.

#### **V. CODE OF CONDUCT**

The coach shall have direct responsibility for conduct of team members prior to, during and after tournament competition (in the hotel, in public, at the tournament, transporting to and from sites).

The HHSAA Executive Director may establish a common curfew hour as necessary.

The drinking of alcoholic beverages, smoking, vaping, drug use, loud, unruly or destructive behavior will not be tolerated.

Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.

Coaches are requested to inform their athletes of hotel rules and regulations. Please emphasize the importance of appropriate conduct and behavior and consideration for other hotel guests. Schools and students will be charged for any damages incurred by them at the hotel.

It is recommended that schools inform parents regarding the code-of-conduct in writing.

## **VI. STATE TOURNAMENT DISQUALIFICATION RULE**

Any student-athlete or coach disqualified before, during, or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athlete's or coach's league shall determine any appropriate penalty or sanction.

## SWIMMING AND DIVING

### I. SPECIFIC OBJECTIVES

- A. To determine the state individual and team championships for boys and girls.
- B. To recognize the combined efforts of all the individual participants and participating schools in the state tournament.
- C. To encourage the highest principles and standards of general behavior.
- D. To promote the highest principles of citizenship in interscholastic athletics for swimming and diving.

### II. OFFICIALS

- A. Volunteers shall be selected by the Sport Coordinator or his/her designee. Selections, whenever possible, should be made from a list of USSI officials.
  - 1. The Sport Coordinator shall arrange with host school or league for officials well in advance of the state meet.
  - 2. There shall be a Clerk of Course for trials and finals.
  - 3. Coaches shall act as officials whenever designated officials are not available. Coaches will be assigned by the Sport Coordinator or designee.
- B. All officials are requested to meet with the Sport Coordinator and Meet Referee one hour prior to the meet to review the rules and regulations and also to review their respective duties and responsibilities.
- C. All schools entering divers are expected to supply at least one judge. The person's name and qualifications as a judge must accompany the school's diving entry. The Sport Coordinator and Diving Coordinator shall select the judges and a referee from the list provided.

### III. ELIGIBILITY

Each contestant must be eligible under the rules of his or her league and also under the requirements specified by the HHSAA Handbook.

### IV. RULES GOVERNING TOURNAMENT

- A. National Federation Rules shall prevail with modification of rules by HHSAA.
- B. All photographers must receive permission from the Sport Coordinator to take pictures.
- C. The championship will follow recommendations by the National Federation on procedures for relay events when doing a card-less meet.
- D. Any student-athlete or coach disqualified before, during or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athletes or coaches league shall determine any appropriate penalty or sanction. (Rev. 06/2013)

V. ENTRIES

- A. Entry deadline: League coordinators shall verify their league's entries and submit all such entries to the HHSAA office, or designate, by 2:00 pm on the Sunday of the week prior to the state meet.
- B. Each league shall purchase the appropriate computer disks, which will be used to input their individual and team relay qualifiers for the State Swimming and Diving Championships.
- C. Qualifying standards:
  - 1. The Sport Coordinator shall evaluate the qualifying times prior to the start of the practice meets. Standards are set to try and assure twenty-four (24) competitors for each event. (Rev. 6/2012)
  - 2. Should more than twenty-four (24) qualifiers meet the "Automatic" standard in an event and elect to swim said event, all swimmers who achieve that standard will be allowed to swim. (Rev. 6/2012)
  - 3. HHSAA shall have the qualifying times updated and distributed to the leagues two weeks prior to the HHSAA Swimming start date. Qualified times may only be adjusted to a slower time only if needed to increase participation to the state limit no later than 4 weeks prior to the state tournament. (Rev 6/2015)
  - 4. Have just one qualifying standard for individual and relay swim events for HHSAA State Swimming entry time. (Rev. 6/2015)
  - 5. Qualifying standards for diving events using degree of difficulty plus total scores may be evaluated prior to practice season and one month prior to championships.
  - 6. A diver will qualify for participation in the state championship in diving as long as the diver meets the degree of difficulty and total scoring requirements for participation.
  - 7. A diver may make changes to his/her dive score sheets in divemeets.com up until 24 hours prior to the start of competition. (Rev 6/2015)
  - 8. Only times and scores made during the present high school season may be submitted for entry. A touch pad time on the first leg of a relay (leadoff swimmer) shall be allowed. No conglomerated time allowed.
  - 9. Schools or leagues hosting sanctioned dual, triangular or quadrangle practice meets, divisional, sectional and league championships upon completion of meet, must send a copy of meet results to the Sport Coordinator or the HHSAA Executive Director.
- D. Number of events: National Federation Rules to prevail. A competitor shall be permitted to enter a maximum of 4 events, no more than 2 of which may be individual events.
- E. There shall be a full complement of eight swimmers in the finals. In the event of a no-show or withdrawal, the heats are to be re-seeded by the Clerk. Two alternates shall be named for this purpose.

VI. TOURNAMENT FORMAT AND SITE

- A. Format
  - 1. An established set of entry standard time will determine the number of entrants.
  - 2. There shall be eight contestants in each final event.
  - 3. Races are numbered according to event.
  - 4. Notice for a declared false start shall be given to the referee prior to the time the swimmer is called to the blocks by the starter.



B. Diving Competition Format

Divers shall follow the National Federation of State High School Association Diving Rules.

1. Choice of dives shall consist of 5 voluntary dives and 6 optional dives
  - a. The 5 voluntary dives shall come from each of the 5 groups. Any dive from a group may be designated as a voluntary dive. It will receive its assigned DD.
  - b. The five voluntary dives shall come from each of the five groups, with their assigned DD and have a sum total of 9.0 or less.
  - c. All five groups must be represented in the first eight rounds.
  - d. The 6 optional dives shall include at least 1 chosen from each of the 5 groups. No more than 1 optional dive from the same group is permitted through semifinals.
  - e. The dives to be performed during each round of competition shall be as follows:

(Prelim)	Dive	#1-5:	any 2 voluntary & 3 optional
(Semi)	Dive	#6-8:	2 voluntary & 1 optional
(Final)	Dive	#9-11:	1 voluntary & 2 optional
2. All forms shall be signed by the diver and coach. Coaches are to put their telephone numbers on the form.
3. In accordance with NFHS Swimming & Diving Rule 9-3:

Penalty:

  - a. For not submitting a complete diving scoresheet *that meets the qualifying standards* at the specified time and place, the diver is disqualified from the event. (rev. 02/2018)
  - b. For not completing the official description of a dive on the diving scoresheet, the diver is charged with a failed dive (exception in 9-3-5).
5. All diving head coaches must judge the diving competition unless excused by the Diving Referee.

C. Facility

1. The HHSAA Executive Director and the Sport Coordinator and/or their designees shall select the facility.
2. Chairs should be set up for all timers behind the starting blocks.
3. Where lighting is inadequate, finals will be held in the afternoon. (Rev. 6/2016)
4. The designated pool shall be an eight-lane pool with a separate warm-up pool, whenever possible.
5. HHSAA Swimming Advisor and HHSAA Administrators to continue to evaluate sites used for the HHSAA Swimming & Diving Championships. The pools should have the following as a standard for the level of HHSAA Swimming:
  - a. Warm up/down pool area
  - b. Seating for fans
  - c. Check on water clarity
  - d. Public Sound System to announce award winners and order of events
  - e. Deck space HHSAA to continue to send sport advisor to evaluate pools selected for the HHSAA Championship. (Rev. 6/2014)

6. Relay Judging Platforms (RJP) be used when available during HHSAA swimming events, trials and finals (Rev 6/2017)

D. Site

1. Trials will be held on Friday and Finals on Saturday, whenever possible.
2. The time schedule shall be left to the discretion of the Sport Coordinator and approved by the HHSAA Executive Director.
3. For Trials held on Friday, the Meet Director shall accommodate teams with a staggered warm-up time schedule with definite lane assignments. The Host school shall provide the schedule to all participating teams or distribute it to the coaches before the meet.
4. Diving trials shall be held prior to the start of the swimming finals at a site recommended by the Tournament Director and Sport Coordinator and approved by the HHSAA Executive Director.
5. The top three winners in the girls and boys diving events may perform an exhibition during the finals.

E. Scoring

1. Scoring shall be for five places as recommended in the National Federation Rule Book.

Individual:	6-4-3-2-1
Relay:	12-8-6-4-2

VII. SIZE OF TEAM IN TOURNAMENT

A school may send any number of swimmers or divers that meet the entry qualifications.

VIII. SEEDING

- A. National Federation Rule Book procedures are to be followed.
- B. Seeding Committee shall consist of:
  1. HHSAA Executive Director, Chairperson
  2. Sport Coordinator
  3. Tournament Director
  4. Other personnel selected by the Sport Coordinator
- C. Seeding shall be done on Oahu even if meet is held on a neighbor island.

IX. UNIFORMS

- A. Pursuant to NFHS Rule 3.3, Art. 1, "it is recommended all swimmers and divers on the team wear suits of identical coloring and pattern."
- B. Body markings are not allowed and tattoos with a negative message or gesture must be covered up before participating.

X. AWARDS

- A. Permanent trophies for boys and girls championship teams.
- B. Permanent trophies for boys and girls runner-up teams.

- C. Medals shall be awarded to the first eight place winners in individual and relay events. (Rev. 6/2017)
- D. 20 medals shall be awarded to the boys and girls championship teams.

Note: An award stand should be used for the presentation of awards.

XI. TRANSPORTATION

Participating schools are responsible for their own ground and air transportation arrangements.

XII. EVALUATION

The Sport Coordinator is to submit a complete report to the HHSAA Executive Director within two weeks after the state meet. This report should include an update of all meet results. Coaches are to submit evaluation reports to the Sport Coordinator no later than one week following the tournament.

HHSAA SWIMMING CHAMPIONSHIP RECORDS – BOYS

<u>Year</u>	<u>Team Champion</u>	<u>Score</u>	<u>Coach</u>	<u>Site</u>
1958	Punahou	76	Rollie Higgins	Farrington High Pool
1959	Punahou	55	Rollie Higgins	Farrington High Pool
1960	Punahou	72	Rollie Higgins	Farrington High Pool
1961	Punahou	75	Tom Haine	Waimea High Pool
1962	Punahou	106	Tom Haine	Kaimuki High Pool
1963	Punahou	113	Tom Haine	Hilo High Pool
1964	Punahou	111	Tom Haine	Mid Pacific Institute Pool
1965	Punahou	110	Tom Haine	Kapaa High Pool
1966	Punahou	304	Tom Haine	Hilo High Pool
1967	Punahou	257 1/2	John Mechem	Kaimuki High Pool
1968	Punahou	299	Tom Haine	Kaimuki High Pool
1969	Punahou	355	Tom Haine	Kaimuki High Pool
1970	Punahou	305	Tom Haine	Hilo High Pool
1971	Punahou	288	Tom Haine	Kaimuki High Pool
1972	Punahou	309	Tom Haine	Kaimuki High Pool
1973	Punahou	297	Tom Haine	Hilo High Pool
1974	Punahou	392	Steve Borowski	Kamehameha School Pool
1975	Punahou	348	Steve Borowski	Kalani High Pool
1976	Punahou	307	Steve Borowski	University of Hawaii Pool
1977	Punahou	374	Steve Borowski	Hilo Municipal Pool
1978	Punahou	481	Steve Borowski	Kalani High Pool
1979	Punahou	438	Steve Borowski	University of Hawaii Pool
1980	Punahou	349	Steve Borowski	Kaiser High Pool
1981	Punahou	384	Steve Borowski	University of Hawaii Pool
1982	Punahou	438	Steve Borowski	War Memorial Pool
1983	Punahou	436	Steve Borowski	Duke Kahanamoku Aquatic Complex
1984	Punahou	194 1/2	Steve Borowski	Duke Kahanamoku Aquatic Complex
1985	Punahou	142	Steve Borowski	Sparky Kawamoto Pool
1986	Punahou	112	Steve Borowski	War Memorial Pool
1987	Kaiser	49	Asa Tanaka	Duke Kahanamoku Aquatic Complex
1988	Kaiser	68	Asa Tanaka	Duke Kahanamoku Aquatic Complex
1989	Punahou	68	Mark Noetzel	Sparky Kawamoto Aquatic Complex
1990	Punahou	46	Jeff Meister	War Memorial Pool
1991	Punahou	75	Jeff Meister	Duke Kahanamoku Aquatic Complex
1992	Punahou	83	Jeff Meister	Duke Kahanamoku Aquatic Complex
1993	Punahou	102	Jeff Meister	Sparky Kawamoto Pool
1994	Punahou	71	Jeff Meister	War Memorial Pool
1995	Punahou	70	Jeff Meister	Duke Kahanamoku Aquatic Complex
1996	Iolani	78	Brian Lee	Duke Kahanamoku Aquatic Complex
1997	Punahou	66	Jeff Meister	Soichi Sakamoto Pool
1998	HPA	52	Mark Noetzel	Pahoia Pool
1999	Punahou	65 1/2	Jeff Meister	Duke Kahanamoku Aquatic Complex
2000	Baldwin	81	Wade Hondo	Soichi Sakamoto Pool
2001	Punahou	75	Ken Chew	Duke Kahanamoku Aquatic Complex
2002	Iolani	91	Brian Lee	Kailua-Kona Aquatic Complex
2003			Iolani	86
			Brian Lee	Duke Kahanamoku Aquatic Complex
2004			Iolani	64
			Brian Lee	Soichi Sakamoto Pool
2005			Iolani	60
			Brian Lee	Duke Kahanamoku Aquatic Complex
2006			KS-Kapalama	67
			Kenny Chew	KS-Hawaii, Naeole Aquatic Facility
2007			Punahou	61
			Jeff Meister	CORP – Veterans Memorial Aquatic Center
2008			Punahou	93
			Jeff Meister	Kihei Aquatic Center
2009			Iolani	62
			Brian Lee	CORP – Veterans Memorial Aquatic Center
2010			Punahou	63
			Jeff Meister	KS-Hawaii, Naeole Aquatic Facility
2011			HPA	57
			Mark Noetzel	CORP – Veterans Memorial Aquatic Center
2012			KS-Kapalama	52.5
			Leve Watson, Kevin Flanagan	Kihei Aquatic Center
2013			KS-Kapalama	60
			Kevin Flanagan	Duke Kahanamoku Aquatic Complex

2014	Punahou		49
	Jeff Meister	KS-Hawaii, Naeole Aquatic Facility	
2015	Punahou		56
	Jeff Meister	CORP – Veterans Memorial Aquatic Center	
2016	Punahou		68
	Jeff Meister	KS-Hawaii, Naeole Aquatic Facility	
2017	Punahou		88
	Jeff Meister	Duke Kahanamoku Aquatic Complex	
2018	Punahou		66
	Jeff Meister	Kihei Aquatic Center	
2019	Punahou		46
	Jeff Meister & Jeff Hallstrom	CORP – Veterans Memorial Aquatic Center	
2020	Punahou		60
	Jeff Meister & Jeff Hallstrom	Kihei Aquatic Center	
2021	No State Tourney		
2022	Iolani		47
	Ivan Batsanov	KS-Hawaii, Naeole Aquatic Facility	
2023	Iolani		
	Ivan Batsanov	Duke Kahanamoku Aquatic Complex	

HHSAA INDIVIDUAL SWIMMING RECORDS - BOYS

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
200 Yard Medley Relay	D. Alejado A. Horner K. Sawai N. Copp	KS-Kapalama	1:31.60	2019
200 Yard Freestyle	'Aukai Lileikis	Punahou	1:33.35	2016
200 Yard Individual Medley	Michael Petrides	Mid-Pacific	1:48.73	2018
50 Yard Freestyle	'Aukai Lileikis	Punahou	20.08	2016
100 Yard Butterfly	M.J. Mao	Maryknoll	47.13	2016
100 Yard Freestyle	'Aukai Lileikis	Punahou	43.92	2016
*400 Yard Freestyle	Rick Thomas	Punahou	3:51.5	1973
500 Yard Freestyle	'Aukai Lileikis	Punahou	4:24.26	2015
200 Yard Freestyle Relay	R. Stack K. Naone K. Kaleoaloha K. Ai	KS-Kapalama	1:24.26	2013
100 Yard Backstroke	Makoa Alvarez	Campbell	48.20	2015
100 Yard Breaststroke	M.J. Mao	Maryknoll	54.40	2016
400 Yard Freestyle Relay	S Miller F Arrillaga E Wong L.T. Stancil	'Iolani	3:05.04	2023
1 Meter Diving	Spencer Madanay	Punahou	581.10 pts.	2012

*\*400 yd. Freestyle discontinued – 1974*

HHSAA SWIMMING CHAMPIONSHIP RECORDS – GIRLS

<u>Year</u>	<u>Team Champion</u>	<u>Score</u>	<u>Coach</u>	<u>Site</u>
1958	Punahou	52	Rollie Higgins	Farrington High Pool
1959	Punahou	76	Rollie Higgins	Farrington High Pool
1960	Punahou	78	Rollie Higgins	Farrington High Pool
1961	Punahou	75	Tom Haine	Waimea High Pool
1962	Punahou	96	Tom Haine	Kaimuki High Pool
1963	Punahou	116	Tom Haine	Hilo High Pool
1964	Punahou	125	Tom Haine	Mid Pacific Institute Pool
1965	Punahou	121	Tom Haine	Kapaa High Pool
1966	Punahou	280	Tom Haine	Hilo High Pool
1967	Punahou	227	John Mechem	Kaimuki High Pool
1968	Punahou	367	Tom Haine	Kaimuki High Pool
1969	Punahou	361	Tom Haine	Kaimuki High Pool
1970	Punahou	304	Tom Haine	Hilo High Pool
1971	Punahou	311 1/2	Tom Haine	Kaimuki High Pool
1972	Punahou	241 1/2	Tom Haine	Kaimuki High Pool
1973	Kailua	295	Mary Chote	Hilo High Pool
1974	Punahou	286	Steve Borowski	Kamehameha School Pool
1975	Punahou	290	Steve Borowski	Kalani High Pool
1976	Punahou	344	Steve Borowski	University of Hawaii Pool
1977	Punahou	358	Steve Borowski	Hilo Municipal Pool
1978	Punahou	358	Steve Borowski	Kalani High Pool
1979	Punahou	433	Steve Borowski	Duke Kahanamoku Aquatic Complex
1980	Punahou	486	Steve Borowski	Kaiser High Pool
1981	Punahou	510	Steve Borowski	Duke Kahanamoku Aquatic Complex
1982	Punahou	510	Steve Borowski	War Memorial Pool
1983	Punahou	539	Steve Borowski	Duke Kahanamoku Aquatic Complex
1984	Punahou	116	Steve Borowski	Duke Kahanamoku Aquatic Complex
1985	Punahou	173	Steve Borowski	Sparky Kawamoto Pool
1986	Punahou	137	Steve Borowski	War Memorial Pool
1987	Punahou	75	Mark Noetzel	Duke Kahanamoku Aquatic Complex
1988	Punahou	47 1/2	Mark Noetzel	Duke Kahanamoku Aquatic Complex
1989	Punahou	81	Mark Noetzel	Sparky Kawamoto Pool
1990	Punahou	82	Jeff Meister	War Memorial Pool
1991	Punahou	96	Jeff Meister	Duke Kahanamoku Aquatic Complex
1992	Punahou	94	Jeff Meister	Duke Kahanamoku Aquatic Complex
1993	Punahou	72	Jeff Meister	Sparky Kawamoto Pool
1994	Punahou	83	Jeff Meister	War Memorial Pool
1995	Punahou	68	Jeff Meister	Duke Kahanamoku Aquatic Complex
1996	Iolani	57	Brian Lee	Duke Kahanamoku Aquatic Complex
1997	Punahou	73	Jeff Meister	Soichi Sakamoto Pool
1998	Iolani	68	Brian Lee	Pahoia Pool
1999	Punahou	77	Jeff Meister	Duke Kahanamoku Aquatic Complex
2000	Punahou	74	Ken Chew	Soichi Sakamoto Pool
2001	Punahou	62	Ken Chew	Duke Kahanamoku Aquatic Complex
2002	Waiakea	59	Dan Lyons	Kailua-Kona Aquatic Complex
2003	Waiakea	50	Dan Lyons	Duke Kahanamoku Aquatic Complex
2004	Iolani	60	Brian Lee	Soichi Sakamoto Pool
2005	Iolani	63	Brian Lee	Duke Kahanamoku Aquatic Complex
2006	Punahou	91	Jeff Meister	KS-Hawaii, Naeole Aquatic Facility
2007	Punahou	82	Jeff Meister	CORP – Veterans Memorial Aquatic Center
2008	Punahou	73	Jeff Meister	Kihei Aquatic Center
2009	Punahou	75	Jeff Meister	CORP – Veterans Memorial Aquatic Center
2010	Kealakehe	48	Steve Borowski	KS-Hawaii, Naeole Aquatic Facility
2011			Punahou	62
			Jeff Meister	CORP – Veterans Memorial Aquatic Center
2012			Punahou	47
			Jeff Meister	Kihei Aquatic Center
2013			Mid-Pacific	54.5
			Drew Saranillio	Duke Kahanamoku Aquatic Complex
2014			Punahou	65
			Jeff Meister	KS-Hawaii, Naeole Aquatic Facility
2015			Mid-Pacific	62
			Drew Saranillio	CORP – Veterans Memorial Aquatic Center
2016			Punahou	86
			Jeff Meister	KS-Hawaii, Naeole Aquatic Facility
2017			Punahou	44.5
			Jeff Meister	Duke Kahanamoku Aquatic Complex

2018	Punahou		67
	Jeff Meister		Kihei Aquatic Center
2019	Punahou		66
	Jeff Meister & Jeff Hallstrom	CORP – Veterans Memorial Aquatic Center	
2020	Punahou		58
	Jeff Meister & Jeff Hallstrom		Kihei Aquatic Center
2021	No State Tourney		
2022	Punahou		77
	Kenny Chew & Jeff Hallstrom	KS-Hawaii, Naeole Aquatic Facility	
2023	Punahou		
	Jeff Meister and Jeff Hallstrom	Duke Kahanamoku Aquatic Complex	



HHSAA INDIVIDUAL SWIMMING RECORDS – GIRLS

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
200 Yard Medley Relay	L. Foster M. Balish J. Mau R. Kiessling	Punahou	1:43.77	2014
200 Yard Freestyle	Jasmine Mau	Punahou	1:47.14	2014
200 Yard Individual Medley	Grace Monahan	Univ. Lab School	2:01.58	2020
50 Yard Freestyle	Keiko Price	Mililani	23.26	1994
100 Yard Butterfly	Jasmine Mau	Punahou	52.23	2014
100 Yard Freestyle	Jasmine Mau	Punahou	48.67	2014
*400 Yard Freestyle	Laura Hove	Kailua	4:10.1	1973
500 Yard Freestyle	Jasmine O'Brien	Seabury Hall	4:55.44	2017
200 Yard Freestyle Relay	C. Simms B. Beauchan R. Cote M. Yoshida	Punahou	1:35.43	2007
100 Yard Backstroke	Andrea Zeebe	Punahou	54.93	2022
100 Yard Breaststroke	Cara Jernigan	Kealakehe	1:02.41	2014
400 Yard Freestyle Relay	A. Phillips S. Whitty C. Ng N. Lileikis	Punahou	3:29.35	2018
1 Meter Diving	Aleia Monden	St. Andrew's	491.05 pts.	2006

*\*Discontinued - 1974*