



K. Mark Takai

SWIMMING & DIVING STATE CHAMPIONSHIPS

FEBRUARY 13-14, 2026

Kamehameha School Big Island

Hilo, Hawaii

## **HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION**

HHSAA Executive Director ..... Chris Chun  
HHSAA Associate Director ..... Russell Aoki  
HHSAA Assistant Director ..... Harley Simon  
HHSAA General Manager ..... Luther Beck  
Swimming Coordinator ..... Jeff Meister  
Diving Coordinators ..... David (DJ) Friedman and Keala O'Sullivan

### **TOURNAMENT COMMITTEE**

Host School ..... Kamehameha School, Hawaii  
Tournament Directors ..... Kimo Weaver, Jeff Meister  
BIIF Executive Director ..... Iris McGuire  
BIIF Swimming & Diving Coordinator ..... Dan Lyons  
Meet Referee ..... Darlene (Dar) Gerber  
Admin Referee ..... Stephanie Monahan  
Clerk of Course ..... Gwenn Tomiyoshi (Lead) and Cea Romero  
Facility Coordinator .....  
Rules Committee ..... Jeff Meister, Keala O'Sullivan & Chris Chun  
Timing Console Operator ..... Roger Imoto  
Deck Referees ..... Dean Otaka (Girl's) and Melissa Schad (Boy's)  
Starters ..... TBD (Girls) and Kevin Nakamoto (Boy's)  
Entries and Seeding ..... Stephanie Monahan and Keala O'Sullivan  
Admin Officials ..... Ann Imoto, Ruisheng Peng, Hanna Nakamura, Rene Iwamura, Kevin Furudera and Wenyi Zhou  
Stroke and Turn Officials ..... Leslie Lin, Andrea Fitzgerald, Wendy Marotta, Kim Kaneshiro, James Lin  
..... James McGowan, Oscar Pouoa, Wendy Marotta and Robyn Scarth  
Chief Judges ..... Russell Iwamura (Lead) and Brad Takara  
Diving Officials ..... David (DJ) Friedman, Keala O'Sullivan and Malcolm Cooper  
Announcer ..... Linda Liliekis  
Hospitality ..... BIIF

## K. MARK TAKAI SWIMMING AND DIVING STATE CHAMPIONSHIPS

February 13 - 14, 2026

Kamehameha Schools - Big Island Campus

### TOURNAMENT INFORMATION

#### I. HHSAA SWIMMING & DIVING REGULATIONS

HHSAA Swimming & Diving Regulations may be found in the HHSAA Handbook (see attached).

#### II. ENTRIES

Entries for swimming and diving must be received by **2:00 p.m. on Sunday, February 8, 2026.**  
(Note: The sooner leagues submit their entries, the sooner final qualifiers can be announced and teams can finalize their travel plans)

The league representative must submit the Team Manager entry file/Entry forms before the entry deadline.

All entries and subsequent swims are the responsibility of the coach. A coach should refer to Rule 3, Section 2 of the NFHS Rule Book for clarification of any questions. Officials will run an exceptions report prior to the start of competition and inform a coach of over-entries. Once competition has begun, it is the responsibility of the coach to monitor a swimmer's entries - including relay participation. Note that in accordance with the NFHS Rules Book, Trials and Finals are considered the same meet.

For SWIMMING: Team roster, the Master entry form, and the Team Manager entry file, including proof of time, must be submitted:

Ms. Stephanie Monahan

E-mail: [samonahan17@gmail.com](mailto:samonahan17@gmail.com)

Inquiries about **Swimming** may be referred to:

Jeff Meister, Swimming Coordinator

Punahou School Athletic Department

1601 Punahou Street, Honolulu, HI 96822

Phone: (808) 944-5816 · Fax: (808) 944-5864

E-mail: [jmeister@punahou.edu](mailto:jmeister@punahou.edu)

For DIVING: 1) Registration form and Diving sheets must be submitted via the [divemeets.com](http://divemeets.com) website  
2) In addition, dive sheets need to be emailed to Keala by the same deadline:

Ms. Keala O'Sullivan, Diving Coordinator

Cell: (808) 286-4893

E-mail: [Keala.Osullivan@hotmail.com](mailto:Keala.Osullivan@hotmail.com)

### III. TOURNAMENT SCHEDULE

#### Thursday, February 12, 2026

Diving Practice: Pool available from 4:30 p.m. to 7:00 p.m. for practice

Diving Coaches' Meeting: 7:00 p.m. by the diving board

Mandatory attendance for all school representatives.

Swimming Practice: 4:30 p.m. to 7:00 p.m.

#### Friday, February 13, 2026

Diving: Warm-up: 8:00 a.m. - 9:45 a.m.  
Prelim and Semi Final Rounds: 10:00 a.m. - 12:00 p.m.

Swimming: Warm-up: Competition Pool (Assigned)  
**MIL/BIIF: 12:30 p.m. – 12:55 p.m.**  
**OIA: 12:55 p.m. – 1:20 p.m.**  
**ILH/KIIF: 1:20 p.m. – 1:45 p.m.**  
**Open Dive Sprints 1:45 p.m. – 1:55 p.m.**

Non-Competition Pool (Unassigned): From completion of Diving  
Competition through the duration of Swimming Competition

Coach's Meeting: 11:45 a.m. (Mandatory Attendance)

Competition Starts: 2:30 p.m.  
Projected Completion: 6:30 p.m.

#### Saturday, February 14, 2026

Diving : Warm-up: 7:00 a.m. - 8:15 a.m.  
                    Finals 8:30 a.m. - 9:30 a.m.

Swimming Warm-up: Competition Pool (Unassigned)  
9:45 a.m. – 10:45 p.m.

\*Dive lanes open at 10:15 a.m.

Non-Competition Pool (Unassigned): From completion of Diving  
Competition through the duration of the completion of the  
Swimming Competition

Coaches Meeting 10:00 a.m.

Competition Starts: 11:00 a.m.  
Projected Completion: 2:45 p.m.

NOTE: Team seating will be assigned, and no team will be able to set up "team areas" in the spectator bleachers. Team tents may not be set up before 10:00am on Friday, February 13<sup>th</sup>, 2026

#### **IV. TOURNAMENT NOTES:**

i. **COVID SAFETY PROTOCOLS:**

**POSITIVE EXPOSURE:** Any athlete, coach, official, or spectator who is experiencing illness or COVID-like symptoms should not come to the facility.

ii. **USA SWIMMING TIMES**

For those coaches who have swimmers who also compete for a USA Swimming club team, for their times to count and be used for USA Swimming events, they must include the swimmer's USA Swimming ID in their Team Manager file. The swimmer's ID is necessary for times to be electronically transmitted to the USA Swimming database. Swimmers can find their ID on their USA Swimming website or obtain it from their USA club team official.

iii. **RELAY JUDGING PLATFORMS:**

RJPs will not be used at this tournament.

iv. **BACKSTROKE WEDGES:**

Backstroke wedges will not be used at this tournament.

#### **V. CODE OF CONDUCT**

The coach shall have direct responsibility for the conduct of team members before, during, and after tournament competition (in the hotel, in public, at the tournament, transporting to and from sites).

The HHSAA Executive Director may establish a common curfew hour as necessary.

The drinking of alcoholic beverages, smoking, vaping, drug use, loud, unruly, or destructive behavior will not be tolerated.

Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, restrooms or locker rooms.

Coaches are requested to inform their athletes of hotel rules and regulations. Please emphasize the importance of appropriate conduct and behavior and consideration for other hotel guests. Schools and students will be charged for any damages incurred by them at the hotel.

It is recommended that schools inform parents regarding the code of conduct in writing.

#### **VI. STATE TOURNAMENT DISQUALIFICATION RULE**

Any student-athlete or coach disqualified before, during, or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an

appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athlete's or coach's league shall determine any appropriate penalty or sanction.

## **SWIMMING AND DIVING**

### **I. SPECIFIC OBJECTIVES**

- A. To determine the state individual and team championships for boys and girls.
- B. To recognize the combined efforts of all the individual participants and participating schools in the state tournament.
- C. To encourage the highest principles and standards of general behavior.
- D. To promote the highest principles of citizenship in interscholastic athletics for swimming and diving.

### **II. OFFICIALS**

- A. Volunteers shall be selected by the Sport Coordinator or his/her designee. Selections, whenever possible, should be made from a list of USSI officials.
  - 1. The Sport Coordinator shall arrange with host school or league for officials well in advance of the state meet.
  - 2. There shall be a Clerk of Course for trials and finals.
  - 3. Coaches shall act as officials whenever designated officials are not available. Coaches will be assigned by the Sport Coordinator or designee.
- B. All officials are requested to meet with the Sport Coordinator and Meet Referee one hour prior to the meet to review the rules and regulations and also to review their respective duties and responsibilities.
- C. All schools entering divers are expected to supply at least one judge. The person's name and qualifications as a judge must accompany the school's diving entry. The Sport Coordinator and Diving Coordinator shall select the judges and a referee from the list provided.

### **III. ELIGIBILITY**

Each contestant must be eligible under the rules of his or her league and also under the requirements specified by the HHSAA Handbook.

### **IV. RULES GOVERNING TOURNAMENT**

- A. National Federation Rules shall prevail with modification of rules by HHSAA.
- B. Adopt the use of the backstroke ledge as allowed by the NFHS rules with state adoption. **Rev 6/2025**

- C. All photographers must receive permission from the Sport Coordinator to take pictures.
- D. The championship will follow recommendations by the National Federation on procedures for relay events when doing a card-less meet.
- E. Any student-athlete or coach disqualified before, during or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athletes or coaches league shall determine any appropriate penalty or sanction. (Rev. 06/2013)

## **V. ENTRIES**

- A. Entry deadline: League coordinators shall verify their league's entries and submit all such entries to the HHSAA office, or designate, by 2:00 pm on the Sunday of the week prior to the state meet.
- B. Each league shall purchase the appropriate computer disks, which will be used to input their individual and team relay qualifiers for the State Swimming and Diving Championships.
- C. Qualifying standards:
  - 1. The Sport Coordinator shall evaluate the qualifying times prior to the start of the practice meets. Standards are set to try and assure twenty-four (24) competitors for each event. (Rev. 6/2012)
  - 2. Should more than twenty-four (24) qualifiers meet the "Automatic" standard in an event and elect to swim said event, all swimmers who achieve that standard will be allowed to swim. (Rev. 6/2012)
  - 3. HHSAA shall have the qualifying times updated and distributed to the leagues two weeks prior to the HHSAA Swimming start date. Qualified times may only be adjusted to a slower time only if needed to increase participation to the state limit no later than 4 weeks prior to the state tournament. (Rev 6/2015)
  - 4. Have just one qualifying standard for individual and relay swim events for HHSAA State Swimming entry time. (Rev. 6/2015)



5. Qualifying standards for diving events using degree of difficulty plus total scores may be evaluated prior to practice season and one month prior to championships.
  6. A diver will qualify for participation in the state championship in diving as long as the diver meets the degree of difficulty and total scoring requirements for participation.
  7. A diver may make changes to his/her dive score sheets in divemeets.com up until 24 hours prior to the start of competition. (Rev 6/2015)
  8. Only times and scores made during the present high school season may be submitted for entry. A touch pad time on the first leg of a relay (leadoff swimmer) shall be allowed. No conglomerated time allowed.
  9. Schools or leagues hosting sanctioned dual, triangular or quadrangle practice meets, divisional, sectional and league championships upon completion of meet, must send a copy of meet results to the Sport Coordinator or the HHSAA Executive Director.
- D. Number of events: National Federation Rules to prevail. A competitor shall be permitted to enter a maximum of 4 events, no more than 2 of which may be individual events.
- E. There shall be a full complement of eight swimmers in the finals. In the event of a no-show or withdrawal, the heats are to be re-seeded by the Clerk. Two alternates shall be named for this purpose.

## **VI. TOURNAMENT FORMAT AND SITE**

### **A. Format**

1. An established set of entry standard time will determine the number of entrants.
2. There shall be eight contestants in each final event.
3. Races are numbered according to event.
4. Notice for a declared false start shall be given to the referee prior to the time the swimmer is called to the blocks by the starter.

### **B. Diving Competition Format**

Divers shall follow the National Federation of State High School Association Diving Rules.

1. Choice of dives shall consist of 5 voluntary dives and 6 optional dives

- a. The 5 voluntary dives shall come from each of the 5 groups. Any dive from a group may be designated as a voluntary dive. It will receive its assigned DD.
  - b. The five voluntary dives shall come from each of the five groups, with their assigned DD and have a sum total of 9.0 or less.
  - c. All five groups must be represented in the first eight rounds.
  - d. The 6 optional dives shall include at least 1 chosen from each of the 5 groups. No more than 1 optional dive from the same group is permitted through semifinals.
  - e. The dives to be performed during each round of competition shall be as follows:
 

(Prelim)	Dive #1-5:	any 2 voluntary & 3 optional
(Semi)	Dive #6-8:	2 voluntary & 1 optional
(Final)	Dive #9-11:	1 voluntary & 2 optional
2. All forms shall be signed by the diver and coach. Coaches are to put their telephone numbers on the form.
  3. In accordance with NFHS Swimming & Diving Rule 9-3:  
  
Penalty:
    - a. For not submitting a complete diving scoresheet *that meets the qualifying standards* at the specified time and place, the diver is disqualified from the event. (rev. 02/2018)
    - b. For not completing the official description of a dive on the diving scoresheet, the diver is charged with a failed dive (exception in 9-3-5).
  5. All diving head coaches must judge the diving competition unless excused by the Diving Referee.

### C. Facility

1. The HHSAA Executive Director and the Sport Coordinator and/or their designees shall select the facility.
2. Chairs should be set up for all timers behind the starting blocks.
3. Where lighting is inadequate, finals will be held in the afternoon. (Rev. 6/2016)
4. The designated pool shall be an eight-lane pool with a separate warm-up pool, whenever possible.

5. HHSAA Swimming Advisor and HHSAA Administrators to continue to evaluate sites used for the HHSAA Swimming & Diving Championships. The pools should have the following as a standard for the level of HHSAA Swimming:
  - a. Warm up/down pool area
  - b. Seating for fans
  - c. Check on water clarity
  - d. Public Sound System to announce award winners and order of events
  - e. Deck space HHSAA to continue to send sport advisor to evaluate pools selected for the HHSAA Championship. (Rev. 6/2014)
6. Relay Judging Platforms (RJP) be used when available during HHSAA swimming events, trials and finals (Rev 6/2017)

#### D. Site

1. Trials will be held on Friday and Finals on Saturday, whenever possible.
2. The time schedule shall be left to the discretion of the Sport Coordinator and approved by the HHSAA Executive Director.
3. For Trials held on Friday, the Meet Director shall accommodate teams with a staggered warm-up time schedule with definite lane assignments. The Host school shall provide the schedule to all participating teams or distribute it to the coaches before the meet.
4. Diving trials shall be held prior to the start of the swimming finals at a site recommended by the Tournament Director and Sport Coordinator and approved by the HHSAA Executive Director.
5. The top three winners in the girls and boys diving events may perform an exhibition during the finals.

#### E. Scoring

1. Scoring shall be for five places as recommended in the National Federation Rule Book.

Individual: 6-4-3-2-1

Relay: 12-8-6-4-2

## **VII. SIZE OF TEAM IN TOURNAMENT**

A school may send any number of swimmers or divers that meet the entry qualifications.

## **VIII. SEEDING**

A. National Federation Rule Book procedures are to be followed.

B. Seeding Committee shall consist of:

1. HHSAA Executive Director, Chairperson
2. Sport Coordinator
3. Tournament Director
4. Other personnel selected by the Sport Coordinator

C. Seeding shall be done on Oahu even if meet is held on a neighbor island.

## **IX. UNIFORMS**

A. Pursuant to NFHS Rule 3.3, Art. 1, "it is recommended all swimmers and divers on the team wear suits of identical coloring and pattern."

B. Body markings are not allowed and tattoos with a negative message or gesture must be covered up before participating.

## **X. AWARDS**

A. Permanent trophies for boys and girls championship teams.

B. Permanent trophies for boys and girls runner-up teams.

C. Medals shall be awarded to the first eight place winners in individual and relay events. (Rev. 6/2017)

D. 20 medals shall be awarded to the boys and girls championship teams.

Note: An award stand should be used for the presentation of awards.

## **XI. TRANSPORTATION**

Participating schools are responsible for their own ground and air transportation arrangements.

## **XII. EVALUATION**

The Sport Coordinator is to submit a complete report to the HHSAA Executive Director within two weeks after the state meet. This report should include an update of all meet results. Coaches are to submit evaluation reports to the Sport Coordinator no later than one week following the tournament.



## Hawaii High School Athletic Association

P.O. BOX 11419 • HONOLULU, HAWAII 96828

PHONE: (808) 800-4092

www.hhsaa.org - info@hhsaa.org

### 2026 K. MARK TAKAI / HHSAA SWIMMING AND DIVING SOUVENIR T-SHIRT PRE-ORDER FORM

\_\_\_\_\_ School requests to order the following sizes of the  
souvenir Drifit T-shirts at \$20.00 per shirt.

Size	Quantity	Price	Total
Small		\$20.00	
Medium		\$20.00	
Large		\$20.00	
X-Large		\$20.00	
XX-Large		\$20.00	
		<b>GRAND TOTAL</b>	



**Deadline to order: Tues, Feb 10, 7pm**

E-mail preorders Punahou School (host school). Checks payable to HHSAA may be brought to the tournament site of teams' first day of competition. **Note: preorders must be paid in full by the first day of the tournament or shirts will be released to the general public.**

#### **HOST SCHOOL**

Kamehameha Schools Hawaii  
Athletic Director: Kimo Weaver  
E-mail: kiweaver@ksbe.edu

**Deadline to order: Tues, Feb 10, 7pm**

Contact person: \_\_\_\_\_

Daytime phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

## HHSAA Swimming and Diving Tournament Records

View HHSAA Swimming and Diving Tournament Recordbook at:

[https://hhsaa.org/sports/swimming\\_diving/tournament/record\\_book](https://hhsaa.org/sports/swimming_diving/tournament/record_book)