HHSAA Track and Field Standards for 2017 (REVISED)

BOYS STANDARDS		GIRLS STANDARDS
	Field Events	
130-04	Discus	99-08
43-09.00	Shot Put	32-01.00
20-02.75	Long Jump	15-07.75
40.02.75	Triple Jump	32-08.50
5-10	High Jump	4-10
11-06	Pole Vault	8-00
	Dunning Event	
16.64	Running Event 110m Hurdles	17 44
		17.44
11.44	100m Dash	13.14
4:27.54	1500m Run	5:22.94
45.24	4 x 100m Relay	53.84
53.24	400m Dash	1:03.74
43.94	300m Hurdles	50.44
2:07.54	800m Run	2:35.94
23.34	200m Dash	27.44
9:57.04	3000m Run	11:56.04
3:43.84	4 x 400m Relay	4:30.94

NOTE: All Running Standards must be Electronically Timed (F.A.T.) - Hand Times will not be accepted.