

# 2025 HHSAA Track and Field Championships

DAY 2

Saturday, May 10, 2025

Sponsored by Island Movers

<b>Field Events</b>	<b>Order</b>	<b>1st Call</b>	<b>Last Call</b>	<b>Event Start</b>
Discus	Girls	9:40 AM	9:50 AM	10:00 AM
Shot Put	Boys	12:40 PM	12:50 PM	1:00 PM
Long Jump	Boys	9:40 AM	9:50 AM	10:00 AM
Triple Jump	Girls	1:40 PM	1:50 PM	2:00 PM
High Jump	Girls	To follow Discus		Est.1:00 PM
Pole Vault	Boys	12:40 PM	12:50 PM	1:00 PM

**Implement Verification: Girls Discus - 8:30am to 9:30am. Boys Shot - 11:30am to 12:30pm. Official's meeting at 12:00pm**

**Uniform and spike inspection to begin at 1:00pm Coaches meeting at 2:00pm**

**Welcoming Ceremony at 3:30pm**

<b>Running Events</b>	<b>Order</b>	<b>1st Call</b>	<b>Last Call</b>	<b>Event Start</b>
4 x 400m Relay	Unified	3:30 PM	3:40 PM	3:50 PM
4 x 800m Relay	Girls	3:40 PM	3:50 PM	4:00 PM
	Boys	3:50 PM	4:00 PM	4:10 PM
100m High Hurdles	Girls	4:30 PM	4:40 PM	4:50 PM
110m High Hurdles	Boys	4:35 PM	4:45 PM	4:55 PM
100m Dash	Girls	4:40 PM	4:50 PM	5:00 PM
	Boys	4:45 PM	4:55 PM	5:05 PM
1500m Run	Girls	4:50 PM	5:00 PM	5:10 PM
	Boys	4:58 PM	5:08 PM	5:18 PM
4 x 100m Relay	Unified	5:05 PM	5:15 PM	5:25 PM
	Girls	5:10 PM	5:20 PM	5:30 PM
	Boys	5:15 PM	5:25 PM	5:35 PM
400m Dash	Girls	5:20 PM	5:30 PM	5:40 PM
	Boys	5:25 PM	5:35 PM	5:45 PM
300m Hurdles	Girls	5:30 PM	5:40 PM	5:50 PM
	Boys	5:35 PM	5:45 PM	5:55 PM
800m Run	Girls	5:40 PM	5:50 PM	6:00 PM
	Boys	5:45 PM	5:55 PM	6:05 PM
200m Dash	Girls	5:50 PM	6:00 PM	6:10 PM
	Boys	5:55 PM	6:05 PM	6:15 PM
3000m run	Girls	6:00 PM	6:10 PM	6:20 PM
	Boys	6:15 PM	6:25 PM	6:35 PM
4 x 400m Relay	Girls	6:30 PM	6:40 PM	6:50 PM
	Boys	6:40 PM	6:50 PM	7:00 PM