

## HHSAA Games Committee Updates 5/14/26

### Verticals Starting Heights

- High Jump:  
Girls: 4'6" Boys: 5'5"
- Pole Vault:  
Girls: 8'1" Boys: 10'11"
- In Verticals, 60-minute warm-up rule, officials will use discretion to ensure proper warm-up for athletes in the interest of athlete safety.
- Five-Alive will not be implemented in the Verticals-as many athletes have not experienced in their specific leagues.
- Markers: Chalk or Tape is ALLOWED
- Spike Inspections: Venue will not be dictating checks. Event officials may check and warn athletes to correct spikes to be eligible.
- Coaches must remain in unrestricted areas/coaches boxes during athletes competition