



**First Hawaiian Bank
Canoe Paddling State Championships
February 5, 2010
Ke'ehi Lagoon, O'ahu**

**FIRST HAWAIIAN BANK CANOE PADDLING STATE CHAMPIONSHIPS
FRIDAY - FEBRUARY 5, 2010
KE'EHĪ LAGOON, O'AHU**

HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION

Executive Director Keith Amemiya
Director of Information Natalie Iwamoto
Canoe Paddling Coordinator Hartwell Lee Loy, Jr.

TOURNAMENT COMMITTEE

Host School Ke Kula Kaiapuni 'O Anuenue
Tournament Director Hartwell Lee Loy, Jr., Mr. Charles Naumu, Lapule Schultz
OIA Executive Director Dwight Toyama
Rules Committee Hartwell Lee Loy, Jr., Mr. Charles Naumu, Lapule Schultz, Stan Dickson, Luana Froiseth
Entry and Seeding Committee Hartwell Lee Loy, Jr. & League Representatives
Race Coordinator Margaret Bush
Judges and Timers Raeann Kalahiki
Water Official Kalani Irvine
Water Communication Edie Van Gieson
Beach Master Daniel Sanford
Chief Rigger Gilbert Silva
Tech Team Larry Baptista and Nazarene Anderson
Protest Committee Hartwell Lee Loy, Jr. & League Representatives
Awards and Ceremony First Hawaiian Bank
Chief Recorder Sheila Sanford
Safety Committee OIA & Hartwell Lee Loy, Jr.
Announcer Mr. Ka'onohi Borden
Athletic Trainer OIA Athletic Trainers

SPECIAL THANKS

First Hawaiian Bank Corbett Kalama, Exec. V.P. & Oahu Region Manager

FIRST HAWAIIAN BANK CANOE PADDLING
STATE CHAMPIONSHIPS FORMAT

I. TYPE OF CANOE TO BE USED IN TOURNAMENT

Ten (10) Bradley Racer canoes will be used for the HHSAA State Canoe Paddling Championships.

II. SEEDING MEETING

The Seeding Meeting will be held at the OIA Office at Radford High School, 4361 Salt Lake Blvd. (Tel.: 421-4394), on Sunday, January 31, 2010, at 8:00 a.m. Only Seeding Committee members shall attend this meeting. Each league will have an opportunity to bring a representative to this meeting, as coordinated by the HHSAA Canoe Paddling Coordinator.

III. COACHES' AND OFFICIALS' MEETING

Head coaches or their designees are required to attend the Coaches' and Officials' meeting on Friday, February 5, 2010, at 9:30 a.m. at Ke'ehi Lagoon (near the Official Stand).

IV. FRIENDLY REMINDERS

No teams shall be allowed to practice at Ke'ehi Lagoon on the day of the championships. Also, all coaches, participants, and spectators (i.e., non-official personnel) are asked to please stay out of the entire pavilion area once the championships start to ensure the successful operation and completion of the championships.

V. TOURNAMENT REPRESENTATION

	Boys	Girls	Mixed
OIA	6	6	6
ILH	2	3	2
BIIF	4	3	4
MIL	3	3	3
KIF	1	1	1
TOTAL	16	16	16

VI. STATE TOURNAMENT DISQUALIFICATION RULE

Any student-athlete or coach disqualified before, during, or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athlete's or coach's league shall determine any appropriate penalty or sanction.

VII. TOURNAMENT FORMAT AND SCHEDULE

A. Schedule:

Friday, February 5, 2010

9:30 a.m. – Coaches Meeting

9:45 a.m. – Opening Ceremonies

10:00 a.m. – Races Begin

B. Tournament Format (15 Races Total)

1	Prelim 1 Girls	(1 st and 2 nd to Finals, 3 rd to S1, 4 th to S2, 5 th to S2, 6 th to S1, 7 th to S1, 8 th to S2)
2	Prelim 2 Girls	(1 st and 2 nd to Finals, 3 rd to S2, 4 th to S1, 5 th to S1, 6 th to S2, 7 th to S2, 8 th to S1)
3	Prelim 1 Boys	(1 st and 2 nd to Finals, 3 rd to S1, 4 th to S2, 5 th to S2, 6 th to S1, 7 th to S1, 8 th to S2)
4	Prelim 2 Boys	(1 st and 2 nd to Finals, 3 rd to S2, 4 th to S1, 5 th to S1, 6 th to S2, 7 th to S2, 8 th to S1)
5*	Prelim 1 Mixed	(1 st and 2 nd to Finals, 3 rd to S1, 4 th to S2, 5 th to S2, 6 th to S1, 7 th to S1, 8 th to S2)
6	Prelim 2 Mixed	(1 st and 2 nd to Finals, 3 rd to S2, 4 th to S1, 5 th to S1, 6 th to S2, 7 th to S2, 8 th to S1)
7*	Semifinals 1	Girls (1 st and 2 nd Finals, 3 rd - 6 th eliminated)
8	Semifinals 2	Girls (1 st and 2 nd Finals, 3 rd - 6 th eliminated)
9	Semifinals 1	Boys (1 st and 2 nd Finals, 3 rd - 6 th eliminated)
10	Semifinals 2	Boys (1 st and 2 nd Finals, 3 rd - 6 th eliminated)
11*	Semifinals 1	Mixed (1 st and 2 nd Finals, 3 rd - 6 th eliminated)
12	Semifinals 2	Mixed (1 st and 2 nd Finals, 3 rd - 6 th eliminated)
13*	Finals	Girls (Lane Drawing based on Best Times (Preliminary then Semifinal times))
14	Finals	Boys (Lane Drawing based on Best Times (Preliminary then Semifinal times))
15*	Finals	Mixed (Lane Drawing based on Best Times (Preliminary then Semifinal times))

*Note: Paddler transfer from a finishing canoe to a canoe in the following races will be allowed: 5, 7, 11, 13, 15

Girls Format

Preliminary 1:	1	4	5	8	9	12	13	16
Preliminary 2:	2	3	6	7	10	11	14	15

Semifinals 1:	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	P1-3	P2-4	P2-5	P1-6	P1-7	P2-8

Semifinals 2:	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	P2-3	P1-4	P1-5	P2-6	P2-7	P1-8

Finals:

<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
(P1-1, P2-1, P1-2, P2-2, S1-1, S2-1, S1-2, S2-2)***							
(Lane Drawing Based on Times in the order of Preliminary then Semifinal Times)							

Boys Format

Preliminary 1:	1	4	5	8	9	12	13	16
Preliminary 2:	2	3	6	7	10	11	14	15

Semifinals 1:	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	P1-3	P2-4	P2-5	P1-6	P1-7	P2-8

Semifinals 2:	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	P2-3	P1-4	P1-5	P2-6	P2-7	P1-8

Finals:

<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
(P1-1, P2-1, P1-2, P2-2, S1-1, S2-1, S1-2, S2-2)***							
(Lane Drawing Based on Times in the order of Preliminary then Semifinal Times)							

Mixed Format

Preliminary 1:	1	4	5	8	9	12	13	16
Preliminary 2:	2	3	6	7	10	11	14	15

Semifinals 1:	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	P1-3	P2-4	P2-5	P1-6	P1-7	P2-8

Semifinals 2:	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	P2-3	P1-4	P1-5	P2-6	P2-7	P1-8

Finals:

<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
(P1-1, P2-1, P1-2, P2-2, S1-1, S2-1, S1-2, S2-2)***							
(Lane Drawing Based on Times in the order of Preliminary then Semifinal Times)							

**HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION
OUTRIGGER CANOE PADDLING STATE CHAMPIONSHIPS**

I. SPECIFIC OBJECTIVES

- A. To select state outrigger canoe paddling champions for boys, girls, and mixed through competition.
- B. To recognize the combined efforts of all the participating teams in the tournament.
- C. To encourage the highest principles and standards of general behavior.
- D. To emphasize respect for opponents relative to organized cheering activities.
- E. To promote the highest principles of citizenship in competition.
- F. To promote Hawaii's official "State Team Sport" within Hawaii's educational system.
- G. To educate Hawaii's youth about this culturally significant sport.
- H. To perpetuate the Hawaiian sport of outrigger canoe racing.

II. OFFICIALS

- A. The Sport Coordinator and the Officials Coordinator shall select the tournament officials, with the approval of the HHSAA Executive Director.

III. ELIGIBILITY

- A. Each participant must be eligible under the rules of his/her league and under the eligibility requirements specified by the HHSAA.

IV. RULES GOVERNING TOURNAMENT

- A. HCRA Association Race Rules
 - 1. The tournament shall be governed by the current HCRA Association Race Rules, with HHSAA provisions and modifications as necessary.
- B. General Rules
 - 1. A racing crew shall consist of no more than six (6) paddlers.
 - 2. Each canoe must start and finish a race with a full crew of six (6) paddlers. Boys and girls team rosters may consist of up to eight (8) paddlers and mixed team rosters may consist of up to ten (10) paddlers. However, the rosters for the mixed crew events shall be limited to a maximum of five (5) girls and five (5) boys. All paddlers listed on the official team rosters shall be allowed to participate in their designated races.
 - 3. No use of amplification devices such as, but not limited to, bullhorns, whistles, drums, etc., by participating schools during the races at the HHSAA State Canoe Paddling Championships. Also, coaches/paddlers will not be allowed to run along the course to give cadence to pace their team during the races.
- C. Equipment
 - 1. Six person canoe – the canoe must meet the Hawaiian Canoe Racing Association's ("HCRA") specifications and be weighed before use at the tournament. The rigging

standards shall be set at 68" in the front with a ½" tow in the back. The rigging of all canoes shall be identical.

More specifically, a canoe committee, consisting of at least one representative from each league participating at the state races, shall be responsible for ensuring that all canoes are rigged according to the specs and standards set. They shall also be responsible to ensure that all the canoes weigh the same. The canoes that need to have weight added shall add the weight to the underside of seats 2 through 5. If any team is caught using a canoe that doesn't weigh the agreed upon specs/weight because they altered it in some way, they shall be immediately disqualified from further competition that day.

2. Wooden paddles – the paddle used must have a wooden shaft and be single bladed. The paddling blade may be made out of wood or some other synthetic material and have a protective or supportive (strengthening) covering which may be fibrous, Kevlar, carbon fiber, etc. The paddle may also have an edging or prosthesis for protection on the bottom or sides as well.

D. Course

1. The official HHSAA race course shall be ¼ mile in length and shall be laid out in equal lanes that are ninety (80) feet wide. Each lane shall be designated by two (2) flags of the same color, with one at each end of the course. All flags shall have a minimum dimension of thirty (30) inches, shall be made of lightweight, quick-drying cloth, and as much as possible, shall be covered with colors such that no two (2) adjacent lanes shall have the same colored flag.

E. Starts and Finishes:

1. All starts shall be in accordance with the starter's instructions.
2. A yellow flag will be displayed from the official boat for a maximum of five (5) minutes, as soon as the last canoe from the previous race reaches shore. Then, the yellow flag will be waved for approximately five (5) seconds. When the yellow flag is dropped, the red flag will be raised. Simultaneously with the dropping of the red flag, the green flag will be raised to signify the start of the race.
3. A canoe not on the starting line in time for the official start shall have no right to protest on the grounds of an unfair start.
4. Racing crews may be disqualified at the start of the race for the following reasons:
 - a. The canoe extends over the starting line.
 - b. The canoe is in the wrong lane.
5. All canoes must finish the race in their assigned lane or be disqualified. Once the bow crosses the finish line, any part of the canoe may touch the flag.
6. No crews are allowed to re-enter the race course until the last canoe in the event crosses the finish line.
7. Each canoe in the race may have no more than two (2) canoe holders in the water at the start. The holders are not allowed to push the canoe on the start. Every boat holder shall be 18 years of age or older.

F. Lanes

1. All canoes must remain in their own lanes and in no way interfere with other participating canoes. When two (2) canoes approach each other from opposite directions within the same lane, each canoe shall occupy as nearly as possible the one-half (1/2) width of the lane nearest its own line of flags so that the canoes will pass each other between adjoining flags.
2. If interference is claimed, the canoe not in its assigned lane will be disqualified.

G. Turns

1. All turns shall be left (or ama) turns around assigned lane flags. Canoes may touch the flag during the turn, but if at any time the canoe causes the flag to touch the water, the crew will be disqualified.
2. When canoes assigned to adjoining lanes occupy the same lane during a turning maneuver, each canoe shall maneuver in such a way as to occupy as nearly as possible the one-half (1/2) width of the lane nearest its own line of flags so that the canoes will pass each other hull to hull.

H. Swamping

1. A canoe that swamps during a race may be bailed out by its crew and proceed in the race. There shall be a ten (10) minute time limit to do so. At the end of the ten (10) minutes, the race officials shall declare the crew disqualified and shall provide assistance to return the canoe to shore.

I. Adverse Conditions

1. In the event of adverse weather conditions, the tournament may be canceled at the discretion of the Rules Committee.
2. In the event of heavy wind conditions, the disqualification rule on touching the flags may be waived for the start only, at the discretion of the Rules Committee.

J. Penalty:

1. Use of an ineligible paddler(s) will result in the disqualification of the entire crew.

K. Rules Committee and Protest Procedures

1. The Rules Committee shall be responsible for the interpretation of all race rules, the handling of protests, and overseeing officials' decisions. The Rules Committee's decision on any of the foregoing matters is final.
2. Protest: If there is a disagreement by a coach with an official's decision, the coach must submit a written protest to the Tournament Director no later than twenty (20) minutes after the completion of the disputed race. The Rules Committee must resolve all protests within one hour of the last event of the day.

V. TOURNAMENT REPRESENTATION

- A.
$$\frac{\text{Number of Participating Teams in League}}{\text{Number of Participating Teams in State}} \times \text{Number of Teams in State Tournament}$$
- B. Pac-Five teams are eligible to participate in the following HHSAA state tournaments: football, boys soccer, girls soccer, canoe paddling, girls water polo, and baseball.
- C. For team-only state tournaments, a combination team shall be counted in the league representation formula as long as one of the schools in the combination team has a minimum number of players, as follows:
- Volleyball – 6, Football – 11, Softball – 9, Soccer – 11, Basketball – 5, Baseball – 9, Canoe Paddling – 6, Water Polo – 7
- D. For team-only state tournaments, if a combination team qualifies for a state tournament, only players from one of the schools from the above listed minimum number shall be allowed to participate in the state tournament.

VI. TOURNAMENT FORMAT AND SCHEDULE

- A. Event Categories - There shall be three event categories, all of which shall contain 16 seeded team entries:
1. Girls
 2. Boys
 3. Mixed (three boys and three girls)
- B. Racing Distance - All races shall be ½ mile.
- C. Number of Lanes – All races shall consist of eight lanes.
- D. Number of Races Per Event Category:

The tournament shall consist of five races per event category, for a tournament total of 15 races.

For each event category, there shall be the following races:

1. Preliminary Heats – 2 races (16 crews total)
2. Semifinals – 2 races (12 crews total)
3. Finals – 1 race (8 crews total)

All races shall be determined by place and time.

Breaks during the state races should happen before the start of the mixed races and again after the end of the mixed races. Each break shall be between 5 - 15 minutes if needed to allow enough rest time for the paddlers in the race events that occur immediately before and after the mixed races. The breaks between Preliminary Events will be 5 minutes long. The breaks between Semis will be 10 minutes long and the breaks for the Finals will be 15 minutes long. This means that the breaks would occur between events 4 and 5 (5 min), 6 and 7 (5 min), 10 and 11 (10 min), 12 and 13 (10 min), 14 and 15 (15 min).

E. Preliminary Heats

The Seeding Committee shall determine the heat placements for the crews.

1. Heat 1 shall have the top-seeded league champion.
2. Heat 2 shall have the second-seeded league champion.
3. Heat 1 shall have the third-seeded league champion.
4. Heat 2 shall have the fourth-seeded league champion.
5. The unseeded league champion shall be placed in Heat 1.

F. Quarterfinals

The top two place finishers of each of the two preliminary heats shall automatically advance to the Finals (four total). The next six places of each preliminary heat (3rd-8th place) shall advance to the Semi-Finals (12 total).

G. Semifinals

The Semifinals shall consist of the following 12 crews:

1. The remaining six crews from each Preliminary Heat
2. There will be two heats of six crews each for the Semifinals

H. Finals

The Finals shall consist of the following eight crews:

1. The top two finishers from each of the Preliminary Heats (four) and the top two finishers from the two Semifinal Heats (four).

For the finals only, first (1st) place preliminary finishers shall have first and second pick of lanes in order of fastest times. Second (2nd) place preliminary finishers shall have the third and fourth pick of lanes in order of fastest times. First (1st) place semifinal finishers shall have the fifth and sixth pick of lanes in order of fastest times and the Second (2nd) place semifinal finishers shall have the seventh and eighth pick of lanes in order of fastest times.

VII. OFFICIAL TOURNAMENT ROSTER

Names of coaches and paddlers must be listed on the official tournament roster.

VIII. SEEDING

A. The Seeding Committee shall consist of:

1. HHSAA Executive Director, Chairperson
2. Sport Coordinator
3. Tournament Director
4. Other personnel as directed by the HHSAA Executive Director

- B. The duties of the Seeding Committee shall be to determine the ranking of each team entry and the guidelines regarding the placement of the team entries into each heat.
- C. Seedings and heat placements shall be provided to the media (radio, TV, and newspaper) at the earliest possible date.

IX. UNIFORMS

During the entire competition, each team member must wear an identical t-shirt or tank top which contains at least one of the following on the front or back of the t-shirt or tank top: (1) school name; (2) school nickname; or (3) first letter of school name (e.g., “K” for Kaiser High School).

X. AWARDS AND TROPHIES

- A. Permanent trophies for boys, girls, and mixed championship teams.
- B. Second place trophies for boys, girls, and mixed championship teams.
- C. 12 medals for championship team members.
- D. 12 medals for runner-up team members.
- E. Schools may order extra medals for team members at their own expense.

XI. EVALUATION

An evaluation report and tournament results are to be submitted by the Sport Coordinator to the HHSAA Executive Director within two weeks after the tournament.

XII. ADMISSION

There will be no admission charge.

OFFICIAL HHSAA TOURNAMENT ROSTER

SCHOOL _____

SPORT: CANOE PADDLING - BOYS

PARTICIPANT (Last Name, First)	GRADE	DATE OF BIRTH (Month/Day/Year)	DATE OF 1 st ENTRY TO 9 th GRADE

Principal: _____

Athletic Director: _____

Head Coach: _____

Assistant Coaches: _____

Athletic Trainer: _____

Athletic Director's Signature: _____

Send/Fax To: HHSAA, P.O. Box 62029, Honolulu, HI 96839

Phone: (808) 587-4495 · Fax: (808) 587-4496

DEADLINE: Wednesday, February 3, 2010**Note: Official team entry cards will be distributed at the Seeding Meeting. Completed team entry cards will be due at the Friday coaches meeting.**

OFFICIAL HHSAA TOURNAMENT ROSTER

SCHOOL _____

SPORT: CANOE PADDLING - GIRLS

PARTICIPANT (Last Name, First)	GRADE	DATE OF BIRTH (Month/Day/Year)	DATE OF 1 st ENTRY TO 9 th GRADE

Principal: _____

Athletic Director: _____

Head Coach: _____

Assistant Coaches: _____

Athletic Trainer: _____

Athletic Director's Signature: _____

Send/Fax To: HHSAA, P.O. Box 62029, Honolulu, HI 96839

Phone: (808) 587-4495 · Fax: (808) 587-4496

DEADLINE: Wednesday, February 3, 2010**Note: Official team entry cards will be distributed at the Seeding Meeting. Completed team entry cards will be due at the Friday coaches meeting.**

OFFICIAL HHSAA TOURNAMENT ROSTER

SCHOOL _____

SPORT: CANOE PADDLING - MIXED

PARTICIPANT (Last Name, First)	GRADE	DATE OF BIRTH (Month/Day/Year)	DATE OF 1 st ENTRY TO 9 th GRADE

Principal: _____

Athletic Director: _____

Head Coach: _____

Assistant Coaches: _____

Athletic Trainer: _____

Athletic Director's Signature: _____

Send/Fax To: HHSAA, P.O. Box 62029, Honolulu, HI 96839

Phone: (808) 587-4495 · Fax: (808) 587-4496

DEADLINE: Wednesday, February 3, 2010**Note: Official team entry cards will be distributed at the Seeding Meeting. Completed team entry cards will be due at the Friday coaches meeting.**

CANOE PADDLING STATE CHAMPIONSHIP RECORDS

HHSAA CANOE PADDLING CHAMPIONSHIP RECORDS – BOYS

<u>Year</u>	<u>Champion</u>	<u>League</u>	<u>Coach</u>	<u>Time</u>	<u>Site</u>
2002	Punahou	ILH	Rocky Higgins	3:43.31	Keehi Lagoon
2003	Iolani	ILH	Brian Yee	4:05.66	Keehi Lagoon
2004	Iolani	ILH	Brian Yee	3:45.63	Keehi Lagoon
2005	KS-Kapalama	ILH	Kalama Heine	3:52.80	Keehi Lagoon
2006	KS-Kapalama	ILH	Kalama Heine	3:45.36	Keehi Lagoon
2007	Mid-Pacific	ILH	Mark Hines	3:37.00	Hilo Bay
2008	Kalaheo	OIA	Julian Wicker	3:43.21	Keehi Lagoon
2009	KS – Maui	MIL	Robert Brede	3:45.29	Hanakao'o Beach

HHSAA CANOE PADDLING CHAMPIONSHIP RECORDS – GIRLS

<u>Year</u>	<u>Champion</u>	<u>League</u>	<u>Coach</u>	<u>Time</u>	<u>Site</u>
2002	KS-Kapalama	ILH	Rose Lum	4:13.57	Keehi Lagoon
2003	KS-Kapalama	ILH	Rose Lum	4:38.58	Keehi Lagoon
2004	KS-Kapalama	ILH	Rose Lum	4:17.72	Keehi Lagoon
2005	KS-Kapalama	ILH	Rose Lum	4:32.96	Keehi Lagoon
2006	Punahou	ILH	Marion Lyman-Mersereau	4:21.36	Keehi Lagoon
2007	KS-Kapalama	ILH	Rose Lum	4:12.90	Hilo Bay
2008	Punahou	ILH	Marion Lyman-Mersereau	4:26.53	Keehi Lagoon
2009	Punahou	ILH	Marion Lyman Mersereau	4:23.56	Hanakao'o Beach

HHSAA CANOE PADDLING CHAMPIONSHIP RECORDS – MIXED

<u>Year</u>	<u>Champion</u>	<u>League</u>	<u>Coach</u>	<u>Time</u>	<u>Site</u>
2002	Lahainaluna	MIL	Joey Tihada	4:04.38	Keehi Lagoon
2003	McKinley	OIA	Joven Asuncion	4:15.26	Keehi Lagoon
2004	King Kekaulike	MIL	Paul Luuwai	4:04.75	Keehi Lagoon
2005	Castle	OIA	Stan Dixon	4:15.72	Keehi Lagoon
2006	KS-Maui	MIL	Robert Brede	4:02.87	Keehi Lagoon
2007	KS-Kapalama	ILH	Kalama Heine	3:54.52	Hilo Bay
2008	Konawaena	BIIF	Paul Daugherty	4:00.73	Keehi Lagoon
2009	Punahou	ILH	Richline Fong	3:57.54	Hanakao'o Beach